



THE POULTON EYE

COMMUNITY - NEWS - INFORMATION



Well we've all been feeling the heat recently - and people's very different reactions to the hot weather have been striking. Some have thoroughly enjoyed it, revelled in it even, others have been uncomfortable and perhaps overwhelmed.

IN THIS MONTH'S EDITION:

All about Wasps

In Praise of NHS 111

Update from Ukraine

**Tales from a Vet's
Consulting Room**

I talked to people who reluctantly returned to offices after months of home-working but were suddenly willingly commuting just so they could enjoy the comfort of an air-conditioned environment, and to garden lovers who were bemoaning the fact that they were going on much-anticipated holidays just as the garden needed regular watering.

It quickly became apparent that different reactions to the heat stemmed from each person's own perspective. So then I started trying to predict who would be loving the warmth and who would be hating it, before asking how they were. And it was interesting - old or young, working or not working, townies or out-of-townies - there just was no predictable pattern in the responses. I soon realised that rather than assuming how someone would be coping, I really needed to focus on them and to listen to their perspective, in their own words.

So that's my current resolution - more listening, less assuming, more enjoying the differences between people and less focusing on how different opinions divide us. I will keep practicing...!

As ever, we hope that you find something to interest you, and we welcome contributions from all.

Rosie and Lizzy

Editors, Poulton Eye
poultoneye@gmail.com

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MESSAGE FROM THE RECTORY



Dear Friends

Lammas Day is the 1st August and we shall be celebrating Lammas at Down Ampney and at Ampney St Mary on the first Sunday in August. It is an ancient festival when the first fruits of the harvest are offered in church. The word Lammas first appears in the writings of King Alfred, King of Wessex - who burnt the cakes! It is thought that the word 'Lammas' is derived from the old English word for loaf, followed by 'mass'. In the early English church, it was the custom to make the bread for the 'Mass' from the first of the ripe corn to be harvested as a thanksgiving.

Harvest began early this year; a dry spring and a dry summer means that arable crops were ready for harvesting in July – and the combine harvesters have been in the fields. Of course, the ears of the corn may not be as full as they might be because they have not had the water needed for them to grow to their fullest extent – and so yields are likely to be down.

This year, in particular, there is an increasing awareness of our dependency on the earth for our food; and how very inter-connected our world is in terms of trading and transporting crops. Places that were seen as 'bread baskets' – known for their production of wheat – are now under threat and prices are increasing.

I know I take my 'daily bread' for granted. Perhaps it's not surprising Jesus taught his disciples to remember it in their prayers...

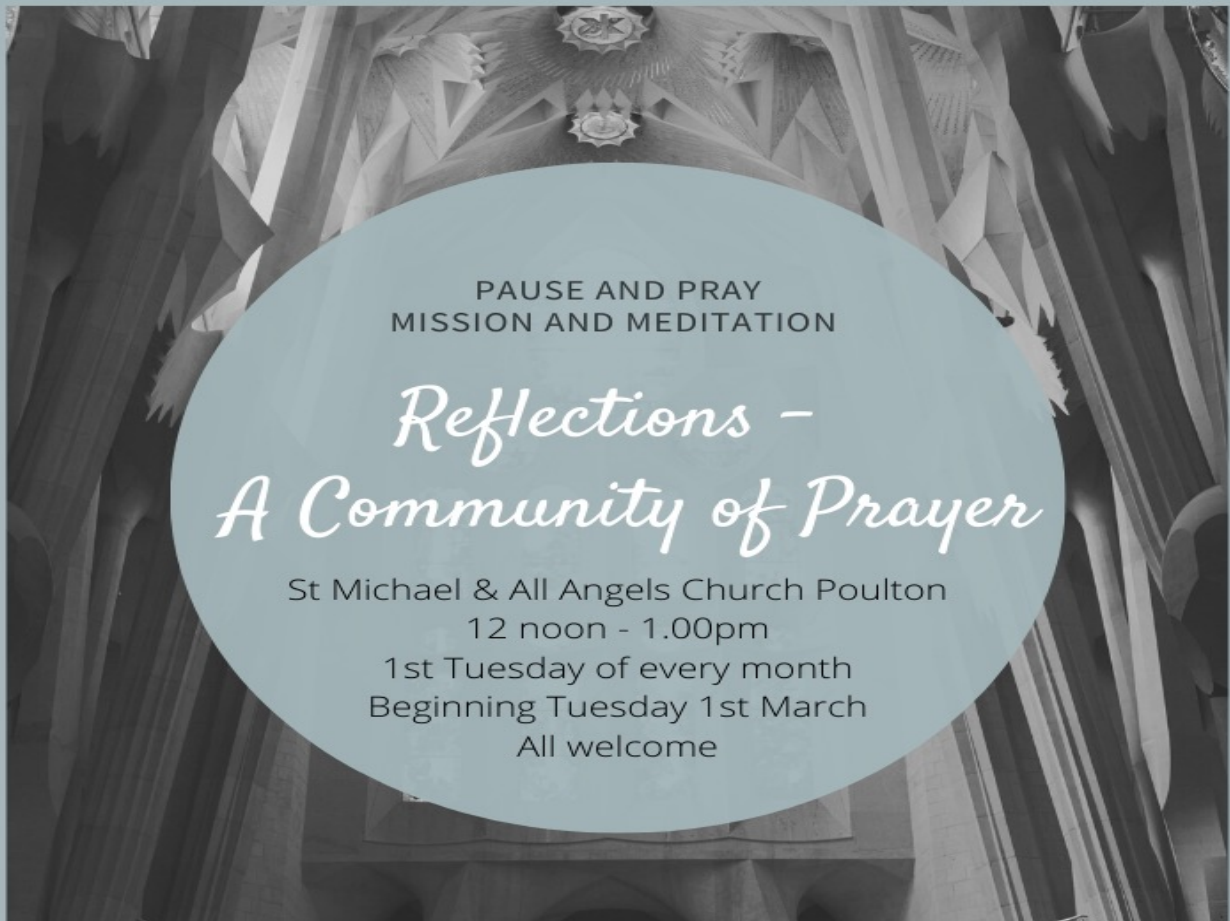
Be gentle when you touch bread.
Let it not lie uncared for or unwanted.
So often bread is taken for granted.
There is such beauty in bread;
beauty of the sun and soil,
beauty of patient toil.
Wind and sun have caressed it.
Christ often blessed it.
Be gentle when you touch bread.

Yours as ever - John

PS: You may notice that we are having a simple 'Service of the Word' at Harnhill Church each Sunday at 10am. This is a service with hymns, songs, readings, prayers and a short thought for the day. You would be very welcome to come along.

Yours as ever - John

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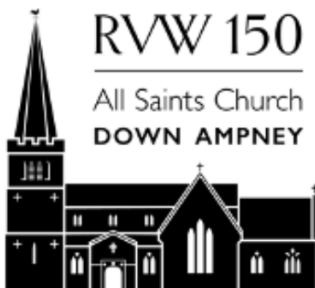
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CHURCH DATES IN AUGUST

Tuesday 2nd August	12pm	Communion & Meditation	Poulton
Sunday 7th August <i>Lammas Sunday</i>	8am 10am 6pm	Holy Communion Parish Communion Evensong	Ampney Crucis Down Ampney Ampney St Mary
Sunday 14th August <i>9th Sunday after Trinity</i>	8am 10am	Holy Communion Parish Communion	Poulton Driffield
Sunday 21st August <i>10th Sunday after Trinity</i>	8am 10am	Holy Communion Parish Communion	Ampney St Peter Ampney Crucis
Sunday 28th August <i>11th Sunday after Trinity</i>	8am 10am	Holy Communion Parish Communion	Harnhill Poulton

PARISH REGISTER

Weddings	Lucinda Evans & Christopher Mason Chloe Godby & Ian Fell Amelia Partridge & William Harling	1st July 23rd July 23rd July	St Marys Church, Ampney St Mary All Saints Church, Down Ampney St Michael & All Angels, Poulton
Funerals	Philip Morse (of Ampney St Peter) Alan Ayers Tony Clack	6th July 15th July 21st July	Cheltenham Crematorium Holy Trinity Church, Watermoor All Saints Church, Down Ampney
Memorial Service	Mrs June Doreen Trotman	2nd July	Holy Rood Church, Ampney Crucis



RVW 150 ANNIVERSARY CELEBRATIONS

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Keith Potter, The Independent

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CHAMBERLAIN WINES

Hello. My name is Mark Chamberlain, and I have lived in Poulton with my family for more than ten years. If we haven't met, you may have seen me walking the dogs around the village!



I am an Independent Wine Merchant. I have almost twenty years' experience in the Wine Trade, including living and working in Saint-Emilion. I have run my own Wine Merchant's business for more than a decade.

I list wines from all over the World, and in a wide range of styles: crisp, dry whites; richer, fuller bodied whites; pale and refreshing Provençal rosés; light, supple reds; full-bodied fruity reds; luscious pudding wines; an array of sparkling wines including some excellent Grower Champagnes; a selection of ports and sherries; classic Clarets, Burgundies, Riojas and Barolos; lots of interesting wines from off the beaten track. In essence, anything that I like and I think represents good quality and good value for its type and origin. I don't list anything I wouldn't drink. And I always try to be amongst the most competitively priced for the wines I list.

I don't have a shop, but I do offer a range of traditional Wine Merchant services – expert advice, naturally; free local home delivery (or I can send wine anywhere in the country using a reliable courier service); glass loan for events; gift boxes. If I don't stock a wine or style you're looking for, I will do my best to find it for you. In short, all you could want from a Wine Merchant, on your doorstep!

As I live in the village, Poulton residents get 10% off the list price of any order.

If you want to see a list of the wines I have currently, join my local email list, or have any other questions, please do get in touch: mark@chamberlainwines.co.uk or on the mobile, 07894 528 580.

All the best!

REFLECTIONS FROM STONEY POOL

Music was my first love.

From a young age, I played the piano, the clarinet, and sang in a choir – and made some of my happiest memories. I have always been a big fan of musicals. I have also always loved anything ‘current’ - I listened to 80s music in the 80s, 90s in the 90s... and now I listen to whichever artist or whatever song draws me in or lights a spark in me.

My daughter, Isabella, has recently started buying vinyl. I had no idea that it had come back into fashion with such a vengeance – and it has got me thinking about all those albums I used to play, and how much I loved them. Shame we have no record player to play them on (are they still called record players?!) but when we do, we’ll have a proper old-style house party with a teenage resident DJ.

It doesn’t take much for a piece of music to really get to me. A gut-wrenching lyric, combined with the perfect piano chord or some heavenly violin strings and it can sometimes feel like the universe has conspired to send me a personal message! And of course, it is all about ‘the feels’. Depending on the song, I can in one moment feel the enormity of love and loss; I can experience pure happiness, pain, excitement, disappointment, passion, despair, hope. The power of music is not lost on me.

It’s no coincidence that patients with dementia and Alzheimers have shown a dramatic response to music, and singing in particular. It has been found to unlock memories and kick-start the brain; in short – music accesses parts of the grey matter that language can’t necessarily reach, and it helps patients to connect and express themselves in a way that they cannot with words. My wonderful Nan, who was German, in the later stages of her dementia particularly loved listening to ‘Edelweiss’. She didn’t say much, and had reverted to speaking German after 65 years living in England, but I remember her smiling face, hands clasped together with joy, singing along and remembering all the words.

From the time we are babies, music has a positive effect on the brain; reducing stress levels, boosting concentration and enhancing creativity (amongst other things). For the teenagers in our lives, music can help to identify their emotions, to express themselves and to elevate their mood (though I’m not entirely sure what listening to The Smiths and Morrissey did for my mood when I was younger...!). For all of us, listening to music we enjoy strengthens learning and memory, it regulates hormones, it can help slow the pulse and reduce blood pressure, and it has a positive impact on our immune system, making us healthier! I was also interested to read this week that in order to manifest our desires (if you’re into that kind of thing), we need to raise our vibration to the level we will be at when we have manifested them – and that the best and easiest way to do that is to listen to music that lifts us up!

I recently discovered podcasts and for about a week, rather than having the radio on in the car, I enjoyed listening to some interesting interviews with a variety of people. But then I got distracted. Party planning. Well, music was my first love, after all. Goals for this week: dig out that box of vinyl in the attic and google where to buy record players.

Nathalie Baird-Clarke



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References Upon Request

Contact Tracy on 07842 310273

DOWN ON THE FARM

Labour shortages, fertiliser and cheap food - Continuing our conversation with Poulton's Charles Horton and Down Ampney's James Taylor...

This month, you will see tractors out harvesting from dawn to dusk as the push to harvest crops at precisely the right time is ON. This is the time of year when farmers are looking to the numbers - calculating yields and prices being realised by each crop. Of course, the goal is to maximise the productivity of the land being farmed, and therefore the yield is critical, as is the quality of the harvested crops.

This is where fertiliser comes in - to maximise land productivity, fertilisers are used, and become especially important if the land is to be kept in constant crop use. But fertiliser is an issue. Most people are not aware that an estimated 30% of greenhouse gases may be caused by fertiliser, mainly because its production requires huge energy consumption. So in the long term it is important that farming finds ways to reduce this reliance on fertilisers, while this has become more acute in the short term due to the war in Ukraine (a major global supplier of fertilisers), which has had a big impact on prices and availability.

Charles and James are looking at eco-friendly alternatives, and this should be something to be welcomed, given the environmental benefits of reducing greenhouse gases. But there is a significant downside - THE SMELL! Manure is an age-old, but effective, option for increasing soil nutrition but definitely lacks the Chanel No. 5 touch and is unpopular with countryside dwellers.

Another alternative is to put land into stewardship, which means that farmers are paid by the government to plant herbal lays which essentially make the countryside look more attractive. No more, no less. Herbal lays do not fertilise the soil in the same way as manure (slurry) or fertiliser. A plant may not know the difference between whether it gets its food (phosphate) from cow dung or purpose-made fertiliser, but it will soon notice if there is neither.

The Stewardship Scheme is a UK Government replacement for the previous (pre-Brexit) EU subsidy, which paid farmers a set amount per acre, simply for being farmers. Under Stewardship, farmers are encouraged to generate government funding by using herbal lays as an alternative to revenue-generating crops.

You will see a lot of Stewardship land around Poulton. But both Charles and James foresee change; with the global shortage of wheat, and therefore increasing prices that wheat crops can raise, farmers may review how much land they put into stewardship and how much they use for wheat and other crops - so keep an eye on local fields to see how many are planted with herbal lays compared to wheat.

Last year, stewardship was an attractive option for many farmers, but back then nobody had any idea that there would be a war in Ukraine and a global wheat shortage. Much of the land which has been given over to herbal lays could, and would, have been used to grow wheat if they had had a crystal ball handy last year. And that brings us back to the dilemmas that farmers face; they are making planting plans and decisions 18 months before they need a product, so it takes time to react and respond to food shortages and supply crises.

This is a global problem - for instance, Malaysia recently banned chicken exports, the majority of which went to Singapore. whose national dish comprises chicken and rice. So the problem is then transferred from Malaysia to Singapore. India has stopped the export of wheat, which has alarming global significance. Ukraine, we all know, is not exporting much because of the war, so food prices are going to rise and the consequences are that countries worried about feeding their own populations will stop exporting.

Our own Government usually buys cheap food staples elsewhere but will no longer find it so easy. No Government in the world will be ignorant of the fact that hungry populations have traditionally overthrown those in power. Therefore there is a very strong motivation to feed their own people first regardless of any economic considerations. The UK's food supply is going to become increasingly interesting to the public because we are only 60% food-sufficient as a nation. (and that doesn't include the middle-class staple - the avocado!).

We don't wish to heap despondency on our readers but we also have to mention the Brexit effect on labour, which has been seismic (yes, a significant superlative but intentionally so).

DOWN ON THE FARM

Many of us will not notice the Brexit effect ourselves, but the effects on farming and food production will be felt very close to home. James says that labour shortages are crippling. Produce we grow under glass is there, ready but already rotting because there is no one to pick it. Perfectly good greenhouses are being shut because heating is too expensive in winter and there is no labour to pick in summer.

As we write, many crops, especially vegetables, are being left in fields because there is no labour. You may be surprised at how labour intensive vegetable harvesting still is; machines play a part, but generally only hoovering up unpicked crops which can then be used as animal fodder. But to get the quality that we as consumers now expect and require means that it has to be manually picked.

Government ministers have repeatedly told farmers that there are plenty of people available for work harvesting crops but Charles and James both say that, in their experience, picking crops, which is hard work but well paid, is something UK residents just won't, and don't, do.

Charles cites a government initiative which assembled a large group of unemployed British job-seekers (who complained that they could not get work anywhere) and sent them to pick crops. Some went to an asparagus farm where they picked so little and so slowly that they didn't even earn the minimum wage under the usual picking payment arrangements. The farmer ended up subsidising the difference between what they earned and the minimum wage, while the workers' main interest was the timing and length of their breaks. The inability to access reliable, efficient overseas workers has, both farmers say, been a disaster – not just for farmers but for all of us.

Rosie Arkwright in conversation with Charles Horton and James Taylor

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A photograph of several tall purple salvia flower spikes against a blurred green background. The flowers are in various stages of bloom, with some showing bright purple and others appearing more muted. The stems are thin and green, with some leaves visible at the base.

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GARDEN NOTES

The Kitchen Garden

The flower garden sometimes struggles a bit in late July and August. That's not to say there aren't some absolute highlights - the annuals cosmos and sunflowers; perennials such as rudbeckia, penstemon and dahlia; the buddleia shrub; and all the different varieties of the late flowering clematis, *Clematis viticella*.

However, **July and August** is the time for the kitchen garden to shine. All the hard work that started in March/April begins to come to fruition, whether you are growing your fruit and veg in pots on the patio (like Monty Don's experiment on Gardeners World), in borders or within a dedicated vegetable plot.

There are so many different factors that will determine success but at this time of year it's all about watering, feeding, and controlling pests and diseases if required. Oh, and then cropping at the optimal moment.

Tomatoes are an easy crop to grow; they will fruit plentifully throughout the summer, can be grown in containers or in the ground, outdoors or in a greenhouse.

Tomato Tips:

- Water regularly so that they never dry out- this helps prevent splitting or blossom end rot
- Mulch with garden compost or well-rotted manure making sure the mulch doesn't touch the stems
- Let pollinating insects into the greenhouse once flowering
- Feed with a high potassium liquid feed every 10-14 days once the fruit has started to set
- Grow cordon tomatoes up supports like canes or string attached to the greenhouse roof, and remove all side shoots regularly by pinching them out
- Remove the growing tip once there are 7 fruiting trusses on indoor plants, or 4 trusses on outdoor plants
- Pick ripened fruits daily!

This year I am growing two varieties of cordon tomatoes. I planted them a bit late, so I am still waiting for fruits. Patiently. 'Rosella' AGM- produces a large crop of very sweet dark pink, red cherry tomatoes favoured by chefs, while 'Brandy Boy' AGM produces a large pink thin-skinned tomato with a rich flavour but needs strong support. Yummy.

Our gardens are parched right now (I am writing this on the second day of the record-breaking heatwave) and it seems likely that we will have a hosepipe ban shortly, so I've been looking at what changes I can make now in anticipation of this.

The RHS Water Scientist Janet Manning has got 5 top tips to encourage us to 'switch from Mains2Rains':

1. Install a water butt
2. Switch to watering in the morning
3. Don't water the lawn
4. Swop the hose for a watering can
5. Train your plants to drink more slowly by giving them less

So, I am digging out my old watering cans and putting them to full use in the veg garden!

Finally, if you have grown herbs this year try drying some for use later - hang sprigs of herbs in a warm, dark, well-ventilated room; strip the leaves off the stems once dry; store in an airtight jar.



Jackie Pigott

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NATURE NOTES

Yellow and black flying objects in the sky over Poulton!

During the Air Tattoo you may have seen the Korean air force flying formation roaring through the sky. Their colours are yellow and black, a signalling system indicating danger and venom used throughout the animal kingdom. It's technical name is aposematic signalling whereby insects and animals warn others that they are poisonous or otherwise dangerous. This is highly effective because animals learn from one example and avoid other similar looking beasts.

The familiar black and yellow of the wasp instinctively makes us try to get out of their way. Yellow and black are also commonly used by humans to indicate dangers such as radioactivity or high voltage. Using these colours is efficient because humans, insects, reptiles and birds can all detect these colours and rapidly develop an aversion to all yellow and black insects even though only a portion of them are actually poisonous or dangerous. Thus several hoverflies mimic wasps and bees to avoid being predated even though they are actually harmless. This mimicry is known as Batesian mimicry after the Victorian naturalist Henry Bates who documented hundreds of Amazonian butterflies and noted how poisonous brightly coloured ones were mimicked by non-poisonous ones. He postulated that this evolved because it gives a survival advantage owing to its deterrence of predators.

So their colour tells us they are dangerous but why do they only appear to trouble us humans during late summer when they are commonly around from early spring? This is in part due to the simple fact that there are a lot more wasps in late summer than at any other time of the year. Unlike honeybees, wasp colonies die in the winter, with the single exception of the queen, who hibernates and re-emerges during the spring, when she starts to build a nest and to lay eggs.

The nest starts as a stalk (petiole) attached to a rafter, part of a roof or outhouse to which the queen adds a small number of cells in which she lays eggs. These hatch and are fed by the queen using a range of insects including caterpillars, spiders and greenfly which she catches and then minces up to a pulp using her mandibles before feeding to the larvae. Once they hatch the resulting workers do most of the nest building and feeding while the queen settles down to concentrate on laying eggs. She can lay around 200-300 per day which amounts to 5,000 -10,000 in a complete season.

Worker wasps, meanwhile, continue to catch insects and feed the larvae who reward the worker by regurgitating a sugary fluid. Workers rely on this as their main food source supplemented by nectar and honey dew (plant fluids exuding from aphid bites) Their mouths are essentially a suction tube, so they can only drink liquids and do not eat solids. This ingenious system ensures that virtuous behaviour i.e. feeding the young, is rewarded. However, this virtuous cycle does not last for ever because the ultimate aim of every colony is to produce enough queens to ensure that at least one manages to overwinter and start a new colony next spring.

The queens mate in late summer and store sperm in a specialised sac (spermatheca) before hibernating. During the colony growth next spring she can control whether her eggs will develop into males or females by either allowing them to be fertilised by the sperm, which produces a worker or queen wasp or by laying them without fertilisation when a male is produced. Early on in the season she wants to produce workers to build up a good sized colony. Once this has been achieved, usually by late July, the queen switches from producing workers to producing queens and males which are reared in larger specialised cells in the nest.

A colony produces about 1,000 queens and males (drones) which are all released at around the same time to go to a congregation area where the drones chase the females and die after mating. Ideally this is synchronised locally as drones avoid mating with queens from their own colony and prefer ones that look just a little bit different. While the drones die after mating, the queen survives and looks for somewhere to hibernate over winter.



This leaves a lot of workers with no grubs to feed and hence no nice sugary fluid. Rotten fruit is a great replacement source of these fluids. Humans also conveniently provide a sugary liquids in pub gardens and picnic sites, to which wasps are rapidly attracted. Wasp traps attract them to their doom and, surprisingly, seeing a fellow wasp drowning does nothing to deter others. In fact just the opposite, since they work on the assumption that if other wasps are attracted, there must be something worth having. A bit like joining a queue without knowing what you are queuing for. The worker wasps will all die once the frosts come and they don't use the same nest next year so there is no point in paying a lot of money to have it removed. The remaining nest is actually rather beautiful and amazingly light.

Robin Spiller



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THE POULTON EYE

IN PRAISE OF NHS 111

My father always used to say I had an angel on my shoulder. An invisible form of protection that would always look after me, take care of me and shield me from harm. An angel? Really? I'm not particularly religious but when three brushes with death promoted a meeting with the grim reaper, I started to think again. With that perfect hat-trick under my belt, I was feelin' lucky.

Then it happened again. Last week. A perfect confluence of events that conspired – in a good way – to save me from a rather unexpectedly sudden demise. Now, I'm perfectly aware that serious illness and a brush with death has, sadly, been the experience of many thousands of people across the country. In my case it's the freaky incidents that my angel has been busy with.

Last week I went into full anaphylaxis after receiving two wasp stings while investigating a “funny noise in the roof” in our daughter Lucy's bedroom. My husband gave the ceiling a prod and – urgh – out flew hundreds of wasps. We all screamed and fled the room but not before two of the little buggers got me. (I've been stung before but never had an allergic reaction.) One on my right hand and another on the top of my head. The stings really burnt into my skin and after about 10 minutes I could feel my cheeks burning up and my face swelling. I was turning a shade somewhere between a sundried tomato and a beetroot. Attractive.

Lucy suggested calling 111, which I've never tried before, and spoke to Angel No 1. Feeling a bit of a numpty I sat there with ice cubes on the bites, explaining my symptoms and she said she'd speak to someone and call me back. Right-ho I thought. That's that.

Well, by the time Angel No 2 called me, my right hand was swelling up, my face was about to explode, I had a violent rash up my arms and across my chest and my throat was closing up making swallowing difficult. She took all this down and suggested she order an ambulance to take me to A&E in Swindon Great Western Hospital. Lucy was nodding enthusiastically but I still thought it was a bit OTT.

After about 20 minutes an ambulance arrived and in trotted two tiny girl paramedics with all the gear and snazzy things slung around their hips. They looked about 14 but were super cool headed and unrushed. I just kept asking if they could give me an injection but they said it wasn't necessary. We set off (I was monitored the whole way) when suddenly, halfway down the A419, para1 sprang up and gave me oxygen, which is administered up the nose and comes out of the wall of the van! (Turns out my numbers were dropping.)

Arriving at A&E I was feeling decidedly dodgy. (Neil was following separately.) One of the girls sat with me while the other talked to staff in reception and by now my tongue was swelling up and I was talking with a sexy lisp. Finally, I walked into the waiting area with them and was told to take a seat. Within minutes I knew I was about to black out and I did.

Only my Angel could have got me to A&E BEFORE I disappeared into the black hole of anaphylaxis.

The next thing I was aware of was being manhandled onto a bed in the Resuscitation Dept and there were a lot of people around me all talking at once. Apparently in the intervening minutes I had stopped responding, they couldn't find a pulse and my blood pressure had sunk into my boots. Once I'd come to, I was aware of a lot of wires being attached and needles and cannulas going into my arms and a cacophony of beeping machines. Adrenalin was administered into my thigh but I was delirious and not making any sense. “As usual,” according to the husband who had just walked in! With typical understatement he asks “Oh. Are you ok?”

After a couple of hours of uncontrollable intermittent shaking, my system settled.

So, thanks to the brilliant team at NHS 111 I am able to tell this tale. A fortuitous series of events, I think, and a brilliant team in Resus led by a dishy Indian doctor who thinks nothing of saving people's lives every day. I am, it goes without saying, immensely grateful. After six hours of observations, they sent me home.

And that Angel? Well, I'd like to think she doesn't work exclusively for me.

Using a defibrillator can save someone's life if they go into anaphylactic shock, so we are hoping to have a demonstration in the village hall in early September. Plus basic life-saving skills. All are welcome. Will keep you posted.

Fiona Fullerton

UPDATE FROM KHARKIV

Written by Ada Wordsworth, who is working with Alex Thomas based on the Poland/Ukrainian border. Alex's father Max lives in Poulton. Both Ada and Alex are working for The Kharkiv and Przemyśl Project (KHARPP) which was set up by a group of students and academics.

The Kharkiv and Przemyśl Project (KHARPP), in collaboration with MAD Foundation, is raising money to support the humanitarian relief effort in Ukraine's second largest city, Kharkiv, and in the Polish city of Przemyśl, situated on the Polish/Ukrainian border. As border cities on the Eastern edge of their respective countries, both Kharkiv and Przemyśl are epicentres of the crisis caused by Russia's invasion of Ukraine. KHARPP is pronounced "Harp" with a silent K and a silent P. These letters represent the silenced voices of Kharkiv and Przemyśl, the two cities that are the focus of our efforts.

A few days ago we arrived back in Lviv after spending a week in Kharkiv, where we drove an old Welsh police van filled with non-perishable food packets. I'm sure everyone reading this is aware of Kharkiv's significance in the war, and the extent to which the city has been bombarded since 24th February. The majority of the city's residents have fled, either to the relative safety of western Ukraine, or to the EU. We have spent the past 4 months listening to the stories of some of those people as they crossed through Przemyśl. Needless to say, the horrors on the ground are far beyond those that people describe. Those who have remained have gotten used to living with a constant soundtrack of artillery in the background. To say that the bombing has been indiscriminate is perhaps too kind. Russia seems to have clearly targeted civilian areas - houses, schools, universities, and medical centres.

The work we do in Kharkiv is predominantly based around supporting our partner organisation, Kharkiv Aid Office. On our trip, we saw first-hand how they operate - spending hours per day delivering food packages, hot meals, and medicines across the city, both to individuals who reach out to them with their specific needs, and to a selection of apartment blocks, who they provide warm meals to every day. We also saw how the on-the-ground networks which exist are able to work together. Food that we as KHARPP pay for is then delivered by Kharkiv Aid Office to World Central Kitchen, who cook it in their large kitchen space, and give it back to be delivered around the city. In this case, the food packets we drove in were provided by Volunteer 100, a Lviv based organisation. The solidarity and teamwork between the different groups is amazing, but we continue to be shocked by the lack of major NGO presence, with the exception of WCK.

On one delivery run, a man came up to me as I stood outside the van, clearly drunk. He asked if he could ask me a question. "Why are they doing this?" he said, close to tears. For several minutes he just continued to ask "We didn't do anything to them. We just wanted to be part of Europe. Nothing else. Why are they doing this? Maybe you understand?" This scene took place in the shadow of his block of flats, with no electricity or running water and half the windows broken from shock waves. I couldn't respond and eventually one of his neighbours led him away.

On our way back to Lviv we passed through Irpin and Bucha, small suburban towns outside Kyiv now infamous for the massacres which happened there early in the war. It was pointed out to us that the populations of the towns had expanded significantly after 2014, as displaced people from the Donbas region had fled there from Russian proxy [fighters] - an important reminder that whilst we generally think of this war as having begun on 24th February, it has actually been going on for 8 years. In Irpin, Ukrainian railways has created temporary accommodation in sleeper wagons for some of those whose homes were shelled. The road out of Bucha is lined with mass graves, from which they are continuing to exhume bodies months after liberation.

Over the past few days, we have had 2 more ambulances arrive from the UK, filled with water purification tablets and high-quality medical supplies. Another will come over the next few days, bringing our total to 9. We want to especially thank the Angela Scott and Fieldrose Charitable Trust, Nicola Shulman and Mulgrave Properties, and Peter Morris and Howard Tenens Logistics Ltd for their generous donations which enabled us to purchase this fleet, as well as Tro Da Medical Consultancy for assisting with the cargo. We are so lucky to have the support that we do and I implore you all to continue to be generous in your donations. We have been talking about our fears surrounding autumn and winter, and our time in Kharkiv has made clear quite how real those fears are. People will freeze and starve in their homes, and thousands more will inevitably leave the country. We need to be prepared, both in terms of our work in Przemyśl supporting those who leave, and our work in Kharkiv, helping to look after those who stay. As always you can donate via Just Giving:

<https://justgiving.com/campaign/KHARPP>

UPDATE FROM KHARKIV



Kharkiv after recent Russian bombing



Ada with a recipient of food and medical supplies



Unloading supplies



Alex giving out supplies

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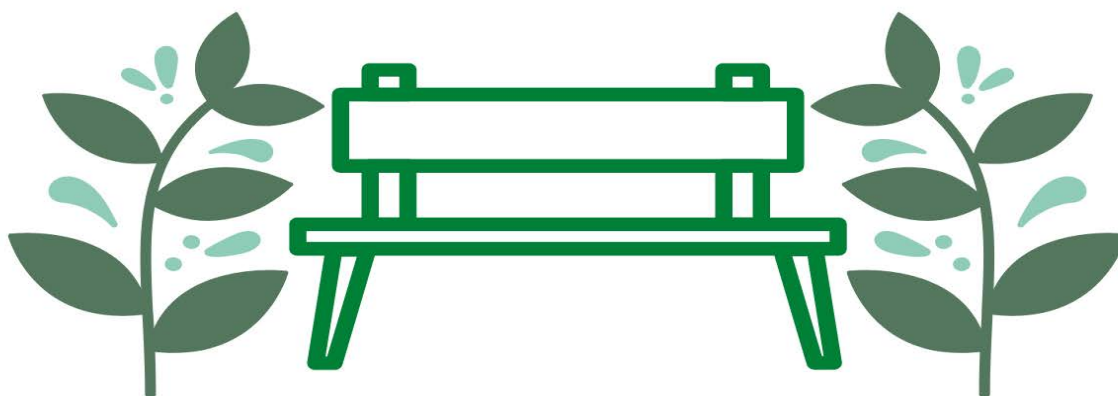
SATURDAY 5TH AUGUST

10.30 - 12.30

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& COURTYARD

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FROM THE VILLAGE HALL



CAN WE INTEREST YOU IN JOINING THE TEAM?

The Village Hall Team would like to extend its' ranks and open up our activities to include more, maybe younger, members of the village – if you might be interested, please do come forward and let us know.

We look after the hall and arrange events but it doesn't mean an onerous time commitment for anyone and it's not heavy on committee meetings or formality, if that's not your thing!

If you'd like to know more, do have a chat with anyone of the team at a BBB morning or other event, or if you prefer, drop a mail to poultonvillagehall@gmail.com and one of us will get in touch.

We hope to hear from you.....

DATES FOR YOUR DIARY IN AUGUST



Each Tuesday afternoon – 1.30 to 3.30 pm – Post Office & Pantry

Outreach Post Office run by Matthew each week. Take advantage of this local service for your postal and banking needs. Stop for a while longer and enjoy a pot of tea/coffee and a home-made slice of cake at The Pantry in the Courtyard when weather permits.



Saturday 5th August – BBB (Books, Biccies and Beverages) 10.30am to 12.30pm

The regular monthly Village Coffee Morning, where drinks and homemade treats are available along with high quality pre-loved books on sale. (You can also donate any good condition books you no longer require)



Film Nights – We take a break during August but look forward to welcoming you back in September when films will be shown on the first and third Tuesdays of each month. If you'd like to subscribe to the mailing list to be notified of the film details each week, then just drop a mail to poulton-one&nines@gmail.com and we'll add you to the group.

And Finally...

ADVANCE NOTICE - SAVE THE DATE!

VILLAGE CHRISTMAS PARTY
SATURDAY 10TH DECEMBER
THE VILLAGE HALL

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PARISH COUNCIL

The Parish Council are pleased to announce the latest addition to their Committee – Tom Gillibrand. Tom moved to the village several years ago and along with his wife, Courtney, recently delivered their third child to our growing young population! Tom works between London and home, and both have been very interested in the welfare of Poulton since they arrived – joining Poulton Action Group’s Committee (PAG) and Tom has also recently applied to become a local school Governor at Farmors. Tom fills the gap previously vacated by Andy Young – and considerably lowers our average age!

I want to give a brief summary of the Parish Council meeting that was held on 11th July in the Village Hall. No members of the public were in attendance. The full Minutes will appear on the Village website and notice board.

Finances are relatively healthy (and need to be bearing in mind plans below). £1800 has just been received from a local resident’s employer as part of it’s CSR (Corporate and Social Responsibility) work. This will go into the Playground Equipment Fund. **Do other residents’ employers run a similar scheme?** Please contact us if you think your employer might have charitable funds available.

Following the June Village Meeting the PC is taking action: on Traffic/Speeding, the Cemetery and the Playground.

Traffic & Speeding

In addition to our own ongoing Community Speedwatch programme we are meeting with the County Council’s Highway Division to apply for the removal of the 40mph section at the Fairford end of the London Road. The PC wish to make the transition from 50mph straight to 30mph on the Fairford approach to the village and vice-versa, extending the 30mph section until drivers reach the current 50mph marker at the end of the village. We will also be discussing installation of double-white centrelines, red hatching and ripple-strips. There may be an associate cost to the village. Our other major action is the purchasing of our own ANPR (Automatic Number Plate Recognition) camera. Again this would incur a purchase and installation cost BUT brings an instant benefit to village and the police.

Cemetery

We are committed to establishing a list of realistic and viable options before starting a whole-village consultation, which will be sending out a simple, short survey. The PC really want to know **from** you what you really want to happen **to** you when the inevitable occurs... This project could be very costly (though eventually self-funding), so we want to get it right.

Playground

We are organising a small **Working Party over the summer to weed around the remaining equipment and put down some new bark chippings. If you would like to be involved and have an hour or two available, please contact me on 01285 851984. It would be really nice if children, parents and grandchildren of those who use the playground would get involved, an also Poulton’s Airbnb owners who benefit from having this village facility for younger guests and their families.** The PC are also investigating various local CDC/GCC and Central Government funding schemes which might contribute towards the considerable cost of new and fun playground equipment. **Mums and Dads, please ask for any ideas from your children young on what they want and feed them back to me ASAP.**

The next Parish Council meeting is on Monday 10th October @ 7pm @ the Village Hall.

Simon Collyer-Bristow – Chair

PS : A number of concerned residents have enquired about the recent 2-week long constant flow of water from a burst pipe by the Village Hall. The leak was reported on Day 1 and Thames Water visited 7 times before declaring it to be “a non-urgent” incident.

Thankfully the initial repair has finally been completed - just as drought concerns build up.....



Poulton Hill

VINEYARD

Think Local, Drink Local

Tours & Tastings at Poulton Hill

Even though you live locally, and many of you already come to the Cellar Door, why not book yourself in for a Tour & Tasting and get the full Poulton Hill experience. A great thing to do when friends are visiting!



— www.poultonhillestate.co.uk —

Summer opening times

The Cellar Door is now open on Mondays from 09:00 – 16:00, and from 09:00 – 17:00 on Tuesday to Friday. If you wish to visit outside of these hours, it may be possible by appointment. Please call 01285 850257. Please visit the website for more details on our Tours & Tastings.

FROM THE CELLAR DOOR

A bit of a trim to keep our vines in top condition...

Poulton Hill Vineyard's Natalie Barker explains why shoot selection and canopy management are vital to the health of the vineyard

July was a very busy month for us in the vineyard and our work continues throughout August. We have been going up and down the rows, vine by vine, selecting shoots that are ideally a hand-span apart for fruiting this year. We also select shoots that will be suitable as arms for next year, to ensure that we will have some in the correct position and of the correct thickness. We then remove the excess shoots to reduce crowding and to concentrate the vine's energy into those remaining. It is meticulous work, as we need to be very careful not to break any selected for this year's growth or next year's arms. If we get it right, our vines will be in a much stronger position to produce the best crop possible.

We have also been removing a few of the leaves around the fruit zone to expose the flowers. We take off the bigger, darker leaves, as these are older and will be replaced by fresh new leaves anyway. This needs to be completed on every vine in the vineyard before the second set of fruiting wires can be raised.

This canopy management is vital, and ideally should happen before flowering commences or the vines will not get the essential sunlight and airflow that will ensure the fruit is able to grow and thrive. Unlike in warmer wine-producing countries, the damper, slightly cooler climate here in the UK means that, without such canopy management, we are more susceptible to diseases such as mildew that can blight an entire crop.

Vineyard tours and wine tastings

This year we are also holding our first Tour and Tasting sessions at the vineyard since the start of the pandemic. These have been extremely popular, with many of our dates selling out very quickly. As a result, we will be adding more dates, and these will be found on our website at <https://poultonhillestate.co.uk/the-vineyard/tours-and-tastings/>.

Many of you who live in the village do pop in to see us here at the Cellar Door, but why not get the full experience and book in for a tour? It is a great thing to do when friends visit from other parts of the UK or the world. Not many people can boast they have a vineyard on their doorstep!

Stock up for August bank holiday

The August bank holiday is fast approaching, and good weather should give plenty of opportunity for a BBQ, picnic or day out. So, why not stock up on your favourite drinks for the long weekend?

We have a full range of still and sparkling wines and spirits here at the Cellar Door, which we sell at special Cellar Door prices. During the summer, our Cellar Door is open on Mondays from 09:00 – 16:00, and from 09:00 – 17:00 on Tuesday to Friday. If you wish to visit outside of these hours, it may be possible by appointment. Please call 01285 850257. Otherwise, you can buy online at <https://poultonhillestate.co.uk/wines-and-spirits/>. You can collect your order from the Cellar Door or pay for it to be sent by courier to your chosen location in mainland UK.





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BEHIND THE BAR

Here at The Falcon we're very proud of our marvellous young chef Josh Govier.

He stepped out of the kitchen this month to take on an epic challenge for charity – covering the entire 201 miles of the River Thames in a kayak in 9 days.

As if that wasn't daunting enough he did it as Britain sizzled in record-breaking temperatures!

Josh, who grew up and lived in Poulton until recently, hope to raise £2,000 for the charity **Surfers Against Sewage**. He is one of four students and a staff member from Cirencester College who are taking on the Source to the Sea Challenge with the aim of highlighting the pollution in our rivers and natural waterways.

The group are all water sport enthusiasts, who love kayaking, swimming and paddle boarding. "It is tragic that not a single river in England is in good health," said Josh. "Our aim is to highlight the issue and fundraise to help make a positive change"

The group, who carried their supplies in their kayaks and camped each night close to the river, set off on their gruelling expedition from Coates on July 13th.

"I love a challenge but this will be very tough", Josh admitted ahead of his adventure. "The hardest part will be the first day", which involved carrying their kayak 11 miles across fields and dirt tracks from Coates to Castle Eaton where the river becomes deep enough to navigate. Over the remaining 9 days of the challenge they will pass through more than 40 locks as they paddle their way to Canvey Island, Essex, where the Thames reaches the sea.

Along the way they will regularly collect water samples to test and record pollution levels.

To find out more or to sponsor Josh visit www.justgiving.com/fundraising/CirencesterCollege-KayakingTheThames

And you can find out more about **Surfers Against Sewage** at: <https://www.sas.org.uk>



Natalie Grey

WELCOME TO MARTIN & MANIFOLD VETS CIRENCESTER

Martin & Manifold is the new small animal vet practice in Cirencester, owned and run by vets Alice Martin and Lizzie Threadingham.

Based in Querns Business Centre in central Cirencester (just up by Waitrose) we offer a full range of veterinary services including:

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- Export/travel documentation

We have state-of-the-art facilities, including an in-house lab, digital x-ray and fully equipped operating theatre.

We welcome, and have experience of working with, the full range of small animal patients - not just cats and dogs but pet chickens and ducks, bearded dragons and tortoises to name but a few!

Please feel free to come in - have a look round and meet the team.



Martin & Manifold Vets Ltd, 6 Querns Business Centre, Cirencester GL7 1RT
01285 707470 | info@martinandmanifoldvets.co.uk | martinandmanifoldvets.co.uk

IT TAKES ALL SORTS... TALES FROM THE VET'S CONSULTING ROOM...

Vets work with animals and do not, as many clients would want to believe, necessarily love animals. Maybe clients like to think that in the hope that we would work for nothing! Too often I was told that I must love animals. I would explain that vets do not have to love animals and that they actually like working with animals.

In reality of course you do work with animals but that is also incorrect. You actually work with people – staff, clients and those you meet in the pub. If you don't like people, don't be a vet because every animal has an owner and they provide you with endless hours of amusement and occasionally some despair and even annoyance.

Mrs O was a case in point. She had used other practices in the area before she came to us and whenever she drove into the car park, the other vets would say "She's one of yours, Chris", meaning they did not want to deal with her. She had a particularly annoying habit of arriving at the end of morning surgery without an appointment, realising full well that you would be there and just about to embark on a cup of coffee. Knowing that I would not get away without seeing her I would go to reception to greet her.

"You're not smiling much this morning" she uttered. That added to my annoyance as I felt it wasn't fair for her to gauge how happy I was feeling that morning.

"The reason I am not smiling much this morning is because you have just walked through my door" came my reply.

She loved it and we continued to operate under a regime of mutual abuse until I retired!

Mrs A was another loyal client. She used to live in Poulton and was a long-standing customer before I joined the practice. She eventually moved to Newbury and continued to bring in her dog to us, which must have entailed a drive of about 45 minutes.

"It is not that I don't want to see you, but why do you drive over here when there are vets in Newbury?" I asked, hoping that she might say because of your clinical excellence or because you are the best vet in the area.

No such luck! "Because I don't like crossing the Newbury by-pass" was the answer, which rather deflated my ego.

Clients can make you laugh or leave a wry smile on your face. I recall a couple of occasions involving older, and I would have thought more sensitive, ladies who I had to deal with at our Highworth surgery. One came in to the consulting room, popped her dog on the table and started pointing underneath it. "What's the problem?" I asked. This resulted in further pointing but no verbal answer. I obviously continued to look quizzical which caused more pointing until in desperation she shouted out "It's its prick doctor!" No beating about the bush there but not what I had expected from a demure seventy year old.

Dealing with the second lady I was trying to extract a history from her and started by asking "Has your dog passed anything today?" There was a sort of "what the hell is he talking about" expression on her face.

"Has he had a motion today?" I asked. There was no change in her expression.

"Has he passed any faeces?" was my next enquiry with no sense of enlightenment becoming obvious. Obviously battling against a communication problem it was time for the hard talk I thought.

"Has it had a shit?" I tried. "Why didn't you ask that it in the first place" she said "he has had the runs all day" rather destroying my attempt at a sensitive approach.

Then there was the lovely Miss A, a small lady well in to her seventies and a retired district nurse, who would walk into a waiting room full of clients and ask the receptionist "Is my boyfriend in today?" We would have a bit of a laugh and a few passing comments. After one consultation, when not a lot of attention had been taken of her cat, as she paid she said "I haven't a clue what is wrong with my animal but I feel an awful lot happier!" I count that as a very satisfying appointment for vet and owner.

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IT TAKES ALL SORTS... TALES FROM THE VET'S CONSULTING ROOM...

When I arrived in Lechlade the dangerous drugs' cupboard, a wooden box which could easily have been smashed open with an axe, contained a bottle of crystalline cocaine and a pot of about one thousand amphetamine tablets. Back in the day the former was used as a local anaesthetic and the latter as a stimulant. Doctors used to prescribe amphetamines to help with weight loss, not a particularly good idea on reflection. One of our vets, in the days before weight reducing diets, was struggling to get a dog to lose weight and in desperation prescribed amphetamines telling the owner to come back in three weeks so he could see how things were going. On her return he asked the client how the dog was doing to be told "I don't think he has lost any weight but he is an awful lot happier." He was evidently on a permanent trip.

One of our patients was a Labrador belonging to Lady AS who was a lady-in-waiting to the Queen. When she was on official duties she would leave him with a friend and I was called out one evening to treat him. Realising that he was in extremis and needed to be put to sleep I asked if I could get in touch with the owner to discuss what was best to do. The friend said that he would ring Lady AS at Buckingham Palace. I only wish I had made the phone call. When he got through to the Palace he was told that the Queen was at Sandringham and that he would be put through. A few moments later an instantly recognisable voice, that of the Queen, answered the phone and on being asked if he could speak to Lady AS the reply came back, in a regal tone "I will just go and get her." This came as a bit of a surprise to both of us as we thought that a lady-in-waiting should have answered the phone as part of her job description.

Mrs McV was the wife of a county court judge and obviously had to watch the pennies. She once in a while came in to the surgery with a chicken. I put one to sleep for her as it was beyond treatment. In an attempt to save some cash she decided she would take it home to bury in the garden. At the time there was a trench in the road outside the surgery where they were working on the sewers. As she was walking past the deceased chicken was thrown in to the hole which must have given the workmen a bit of a shock when they returned. Its final resting place under the A417 is unlikely to be disturbed again apart from by the rumble of traffic above.

Of course if you move in to a small village it does not take long for locals to get to know what you do for a living and where your house is. People knock on your door, even if they are not clients of yours, and think nothing of disturbing you and asking you to pop over to look at their dog or cat. I was asked to go down to Air Vice- Marshall C's house one night because his two bull terriers had, having lived peacefully together for years, had an almighty fight. There was blood everywhere. I discovered that the bitch had milk and was in pup and was therefore getting a bit protective. However when the litter arrived they turned out to be bull terrier cross Labrador puppies. The guilty party was Lord W's dog which used to wander down to the village in search of some sport. About six weeks later an advert appeared in the village shop seeking homes for the puppies in which they were described as "puppies of doubtful but noble breeding" which I guess was the Vice-Marshall's subtle dig at his lordship for not keeping his dog under control.

There is humour even in difficult circumstances. I operated on a cat with a ruptured diaphragm, a procedure which was renowned for the animal dying just as you put in the last stitch. This cat duly did. It belonged to one of our old neighbours when we lived in Lechlade. I went to their house, probably to discuss the bill, and the door was opened by their 10-year old son.

"Is your mother in?" I enquired

He went to the bottom of the stairs, with the door wide open to the street and within earshot of passers-by, shouted at the top of his voice:

"Mum, it's the man who killed the cat"

On such fine margins reputations are built!



DEAD CAT

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Chris Davies

POULTON CRICKET CLUB

The cricket season is now half way through.

Our First XI sit mid table in the County League division one while the second XI despite having just lost to Lechlade 1st XI are still joint top on points with promotion back to the county league very firmly in the mix. Our ladies are into their play offs and the 3rd XI are having a good season in their league. Junior cricket is now drawing to a close as families start heading off on holiday - but for several of the squads, we have slotted in additional training options and games throughout the summer, not to mention our **cricket camp days through August which are open to all local children regardless of which club they are members of.**

Details of forthcoming fixtures and events as well as the camps can be found on our website.

The burden of running a cricket club of 200 members faced with rising costs, multiple wicket demands and very little rain is beginning to take its toll. I can't remember the Englands outfield being so brown and dry in my 20 playing years and it is in rare seasons like this that our water supply issues become clear, reminding us that there's another investment that will need to be made if these summer conditions are going to become more normal.

Our volunteer grounds team have done an amazing job with hours needed on the wicket increasing massively as grass care and wicket repair is very hard in these conditions, especially after a comparatively dry winter. We really feel for all local farmers. Last season we lost three weekends of July cricket to rain but every league game has been played so far this year.

The weather has also taken its toll on our volunteers and as a result in order to care for Englands into the future and hand it over to the next generation, we are going to have to employ a Groundsman in the 2023 season to help guide & manage us as we look to return the wicket to former glories. We are currently recruiting for this important role, but whoever we hire, the additional cost will place a large new financial burden on the club. We'll spend the off season continuing to budget so we can balance affordable cricket with fundraising activities given the impact this move will have on our cash flow & balance sheet.

This is all separate to the Bar Sales which are going well with draught cider and lager on tap. **You are always welcome to come in and enjoy a drink.**

Every now and then we get a reminder that the behind the scenes work is worth it and this week we have been re-awarded Club Mark Accreditation status by the England & Wales Cricket Board. This is the result of an audit over two years of the way we run the club and look after all our members. We first achieved it in 2008 but lost our way following the death of Simon Gordon-Walker, so it's great to get it back after all the setbacks we have had as a club, especially when we lose members of the inner volunteer circle of the club who battle the demands of cricket administration and groundwork.

These demands have affected our communication with you all in the village for which I apologise again, however please do be aware of both our website (poultoncricketclub.co.uk) and our email (PoultonCC@hotmail.com) for any enquiries about what's going on at the club. We've had a bad month of communication within the club too so please rest assured we are not just reverting to isolation and will seek to remedy this in the next couple of weeks! It's been a serious season for us, one that will shape the way the club develops over the next decade. This will be clear from our club development plan which we are about to discuss, update and approve at our AGM. The latest version of this is always available on our website.

Will Bathurst



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ROUND & ABOUT

August Events

Wednesday 3rd August June	2.30pm	Mothers Union Elizabeth Gledhill has invited us to hold our August 3rd meeting at 2.30pm in her garden, inside if wet, in Barnsley.	Barnsley
Tuesday 9th August	2.30pm	Mary Sumner Day will be celebrated at the Millenium Hall in Shurdington. Bring your own picnic and garden chair, drinks will be available. The MU raffle will be drawn during the afternoon and our time together will finish with a short act of worship.	Millenium Hall, Shurdington
Thursday 18th August	7pm	Ampney Crucis Gardening Club Denise Medley and Patrick Thody have kindly invited the Club to their garden for a Summer Social Evening. Limited parking available in front part of cricket pitch (thanks to Philip Gearing).	Harnhill Cottage, Waterton Lane, Ampney Crucis
Thursday 25th August	2pm	Ampney Crucis WI Visit to the Cotswold Sculpture Park, Somerford Keynes. Meet there.	Cotswold Sculpture Park, Somerford Keynes
Monday 29th August	8am	Ampney St Peter Car Boot Sale	The Moor, Ampney St Peter

Regular Events

1st Saturday monthly	10.30 - 12.30	BBBs - Books, Biccies and Beverages	Poulton Village Hall
Tuesdays	1.30 - 3.30	Post Office and Pantry	Poulton Village Hall
Tuesdays	6.30 - 7.30 7.30 - 8.30	JIG Dance & Pilates Pilates Adult Ballet	Ampney Crucis Village Hall
Tuesdays	9.30 - 11.00	Ampney Crucis Playgroup	Ampney Crucis Village Hall
1st Thursday monthly	7.30pm	Ampney Crucis Bridge Club	Ampney Crucis Village Hall
Wednesdays	4pm	Ampney Crucis Petanque Club - newly refurbished and ready to go! Please turn up or contact Liz Anderson - 07891525166	

**Planning a local event?
Have a story you would like to share?**

Email details to: poultoneye@gmail.com



DIRECTORY

Poulton Eye Newsletter	Poultoneye@gmail.com Editors: Rosie Arkwright , rosie.arkwright@icloud.com ; Lizzy Roughton pryorlizzy@gmail.com
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Poulton Facebook Page	https://www.facebook.com/groups/959278000806216/?multi_perma-links=4503302606403720
Poulton WhatsApp Group	Please contact Rachel Hutchinson to be added to group; 07557 006623
St Michaels and All Angels Church, Poulton	Vicar: The Rev'd Canon John Swanton 01285 – 851309; john@swanton.plus.net Church Wardens: Simon Collyer-Bristow scb@crfc.co.uk rosie.arkwright@icloud.com
Village Hall	Available to hire for parties, wedding breakfasts, clubs or meetings - kjclapton@gmail.com
Playing Field & Allotment Charity (PFAC)	pfac trustees@gmail.com
Post Office	In the Village Hall. Tuesday 1.30 – 3.30
Parish Council	Chairman: Simon Collyer-Bristow scb@crfc.co.uk Clerk: Heather Harris poultonclerk@gmail.com
District Councillor	Lisa Spivey: lisaspivey4@gmail.com
Poulton Action Group (solar farm)	poultonactiongroup@gmail.com .
Fix My Street	Report issues within Poulton: potholes, fly tipping, etc. www.fixmystreet.com
Refuse Collections	Food bin weekly Friday 7am. All other bins & bags on alternate Fridays.
Gloucestershire Police	The Forum, Cirencester GL7 2QY Mon-Sat 8am-8pm www.gloucestershire.police.uk
Poulton Sports Club	David Knight: knightd@hotmail.co.uk
Poulton Football Club	www.poultonfootballclub.co.uk
Poulton Cricket Club	Club Secretary: Will Bathurst w.m.bathurst@gmail.com www.poultoncricketclub.co.uk/
Heart & Soul Yoga Class	Becky Barry
Ampney Crucis WI	Anne Bridges 652471
Poulton One and Nines	Films in the village hall every 1 st and 3 rd Tuesday of the month. Contact poultononeandnines@gmail.com
Books Bikkies & Beverages	Village get-together 1 st Saturday of each month, 10.30 – 12.30 Poulton Village Hall Judith – 01285 851230
Ampney Crucis Mothers Union	Rosemary Franklin 01285 654282
Ampney Crucis Playgroup	Meet Tuesdays during term-time 9.30 – 11.00 Ampney Crucis Village Hall. £2 per family. Ella Milligan – daniellaceliatorris@yahoo.co.uk – 07815502463 or Sofia Richie – sofia.kluge@hotmail.com – 07540198151
The Falcon Inn	www.falconinnpoulton.co.uk email: bookings@falconinnpoulton.co.uk 01285 850878
Ampney Crucis C of E Primary School	Head Teacher Tana Wood – 01285 851440 www.ampneycrucis.glous.sch.uk

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