

THE POULTON EYE

COMMUNITY - NEWS - INFORMATION



Welcome to the April Edition of The Poulton Eye

Even as we were preparing last month's newsletter, the news seemed to have moved on. The Church's Lent Appeal highlights the plight of Afghan refugees, even as a new refugee crisis unfolds as a result of a new war. It's been too easy to feel that war is something that happens in other parts of the world; now it seems much closer to home. Of course, here in Poulton, we feel the impact of the military situation more than most, with the increased activity at Fairford.

The news moves through its endless 24-hour cycle of horrific headlines. Yet we can reflect on how humanity and compassion are equally as timeless as inhumanity and devastation. We have seen the amazing response of communities in times of trouble, including here in Poulton. Whether it be through BBB fund-raising in the village hall or a money-raising menu in the Falcon, we come together to do what we can, just as villagers have done through the ages. And as the tree-planting on Jubilee Meadow shows, Poulton as a community can also come together to build something positive for future ages and future villagers.

That's something to celebrate this April.

Rosie and Lizzy
Editors, The Poulton Eye
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IN THIS MONTH'S EDITION:

GOODBYE TO POULTON'S WI

POULTON IN THE 1890S

TREE PLANTING ON JUBILEE MEADOW



Directly helping children in Ukraine

The Voices of Children Foundation has been helping children in Ukraine affected by war since 2015. We provide psychological and psychosocial support to children. It helps them overcome the consequences of armed conflict and develop. Today, during the full-scale Russian invasion of Ukraine, we are providing non-stop assistance to affected children and families from all over the country, providing emergency psychological assistance, and assisting in the evacuation process.

Our team work in various villages and towns along the frontline in Donetsk and Luhansk regions.

Thanks to your support, we are actively supporting temporary shelters for refugees in Truskavets in western Ukraine. In a few weeks, about 1,000 migrants had the opportunity to relax after an extremely difficult and stressful journey, eat, warm up and take a shower. Everyone has a difficult story to tell, and no one loses faith that they will definitely return home. We are heartened by the fact that in extremely difficult times, humanity is uniting to help those who need it most.

Thank you!

<https://voices.org.ua/en/>

ON THE FRONT LINE

I have been working with refugee families in the UK – specifically in Suffolk – for the last few years. I think the tendency is to think of refugees as very different from ourselves but underneath, we're all the same.

I have been surprised at the hostility refugees have encountered in some areas locally over the last couple of years – because of fears that crime rates will rise, females will be in peril and jobs will be taken.

In my experience, the families I have worked with are really hard working and just want to build a new life here. Refugees are fleeing from a place of danger to a place of safety. In many cases, this is not where they wanted to make their home. Often, they have strong family ties where they came from, and the cultural differences between home and here may be significant and challenging. However, going back home may not be a possibility for years because of war or hostile Governments, therefore these families need to make a new life for themselves and their children who need an education.

My work has been with refugees from Afghanistan primarily. Journeys here are rarely simple and once here, settling is not straightforward. Arriving in the UK is not the end of the plight for refugees – it is the beginning of a journey which is often very difficult. One family I work with have three children – the baby was only 5 days old when they had to leave Kabul. They spent three months in a hotel in Gatwick, three months in a hotel in Birmingham and have now been put in accommodation in Ipswich. The father speaks good English, the mother spoke no English before she came here.

Accommodation and food is all paid for. Spending money is £8.60 per week per person and if they are not yet allowed to work, there is very little to do.

When the Ukrainian families start arriving here this month they will be met by many loving and generous people. That is not in doubt. But often many or all members of the family will suffer from some degree of PTSD and there is often a big gap between cultural expectations and reality.

Many Ukrainians arriving will be highly qualified, and well educated professionals, who have had to leave their entire life behind. Offering our homes and our hearts is a great first step and we should be proud of the very generous response from so many people in the UK so far but let's not underestimate the challenge they face once they arrive.

Sharon Chin – Friends of Refugees - Suffolk



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MESSAGE FROM THE RECTORY



'O pray for the peace of Jerusalem' – so Psalm 122 verse 6 bids people. For centuries people fought in and over the city of Jerusalem; and even today there are still tensions. Yet people are able to live their lives day to day in peace. In the past couple of weeks, whilst in Jerusalem, I have been reminded that I take so many of our rights, freedoms and comforts for granted. I am sure I am not alone.

Wars are hideous things that bring misery to many, and we are seeing that happening in the Ukraine at the present. I am grateful to people locally who have engaged in organising practical and financial support to help refugees, and have been pleased that some of our church buildings have been hubs for collections. In May, we will be having a concert at All Saints' Church, Down Ampney, to raise funds for those who are fleeing the war in the Ukraine.

Whilst we can feel helpless, we can all do one thing – and that is to hold the people in this conflict in our hearts and pray for peace in the Ukraine. And here's a prayer to help us:

Holy and gracious God, we pray for the people of the Ukraine and the people of Russia;
for their countries and their leaders.
We pray for all those who are afraid;
that your everlasting arms hold them in this time of great fear.
We pray for all those who have power over life and death;
that they will choose for all people life, and life in all its fullness.
We pray for those who choose war;
that they will remember that you direct your people to turn swords into ploughshares and seek the way of peace.
We pray for the leaders on the world stage;
that they are inspired by the wisdom and courage of Christ.
Above all Lord,
today we pray for peace for Ukraine.
Amen.

Shalom - Peace be with you.

Yours as ever,

John

The Rectory, Ampney Crucis, Cirencester, GL7 5RY | 01285 851309 | ampneyrector@gmail.com | www.ampneychurches.info

Every Church of England Church has an Electoral Roll, which lists all who have the right to vote at the Annual Parochial Church Meeting; and be involved in decision-making for the church. It also gives people the right to be married in the church – though if you live in the parish you are eligible to be married and buried in the church and churchyard. We would welcome more people to join our Electoral Roll and application forms are available at the back of the church, or if you email the Vicar, he will happily send you one: ampneyrector@gmail.com

Perry Bishop

Thinking about a move in and around Poulton but struggling to find somewhere to move to?

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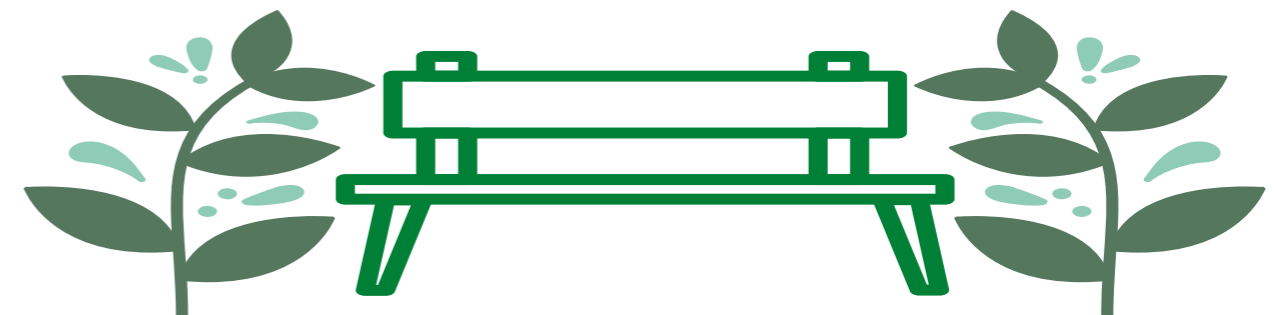
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CHURCH SERVICES for APRIL

APRIL SERVICES			
Sunday 3rd April 5th Sunday of Lent	10.00	Parish Communion	Poulton
Tuesday 5th April	10.00	Communion and Meditation	Poulton
Sunday 10th April Palm Sunday	8.00 10.00	Holy Communion Parish Communion	Poulton Driffield
Thursday 14th April Maundy Thursday	19.00	Holy Communion	Harnhill
Friday 15th April Good Friday	10.00 10.00	At the Foot of the Cross The Last Hour	Down Ampney Ampney Crucis
Saturday 16th April Easter Eve	20.00	Meditation and Prayers	Ampney St Mary
Sunday 17th April Easter Day	8.00 8.00 10.00 10.00	Holy Communion Holy Communion Parish Communion Parish Communion	Ampney St Mary Down Ampney Ampney Crucis Poulton
Sunday 24th April 2nd Sunday of Easter	8.00 10.00	Holy Communion Parish Communion	Harnhill Poulton
Wednesday 27th April	11.00	Ampney Parishes Coffee Morning	Dakota Room, Down Ampney Village Hall
Sunday 1st May 3rd Sunday of Easter	8.00 10.00 18.00	Holy Communion Parish Communion Evensong	Ampney Crucis Down Ampney Ampney St Mary



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PARISH COUNCIL UPDATE

The Parish Council last met on 14th March.

The main topic of conversation concerned the awful incident that afternoon involving a serious accident on London Road involving a local resident on his mobility scooter. Numerous police cars, an ambulance and an air-ambulance were on site and the circumstances are being investigated by the police. A Public letter – see opposite - has been sent by the Parish Council to relevant individuals and authorities overseeing Traffic/Speeding.

The PC also discussed the subjects of Flooding/Sewerage, Broadband, Playground, Graveyard/Cemetery and the CDC Local Plan.

Poulton Community Speedwatch - we will update the village on progress at the Village Meeting on 23rd May. We continue to work towards the launch of our Community Speedwatch initiative and continue to seek volunteers to help. Please contact us if you have not already put your name forward - and thank you to those who have! ed.hyslop@gmail.com

Andy Young officially resigned as a Councillor. On behalf of the Parish Council and the whole village I would like to thank him for his many years of public service, in particular over the last nine months during the transition to new Council members. A replacement will now be sought via Election or Co-Option. Anyone interested in volunteering to help our village and community please feel free to have a chat with any Councillors or the Clerk.

The Parish Council Annual General Meeting is on Monday May 9th. All villagers and village organisations are invited to attend to report on their activities and/or raise any matters of note/concern.

The Parish Council also invites all Poulton residents to attend a Village Meeting on Monday 23rd May @ The Village Hall commencing @ 7pm. The Hall will be open from 6.30pm and refreshments will be available to purchase. The meeting will discuss important current subjects regarding Speeding/Traffic and Cemetery space. We want to hear your thoughts.

POULTON ACTION GROUP (PAG)

Poulton Action Group (PAG) - set-up over a year ago by concerned residents of Poulton and Meysey Hampton villages re. a potential 90 acre solar farm being planned on farmland between Poulton and Meysey Hampton – continues to meet regularly. PAG has an Action Plan with “PAG Committee owners” to immediately kick in IF/WHEN planning permission is actually sought. A lot of relevant research, statistics and background work have been collated for the Plan.

The Committee have tried to glean early indication from the landowner, land agent and developer of progress and currently sense that the process is slowly but surely progressing. NOT GOOD NEWS IF CORRECT.

PAG are therefore readying themselves to confront an application and we need YOUR support.

If there are any Poulton or Meysey Hampton residents – we already have 120+ who wish to join PAG, be added to the mailing-list or ask any questions, please contact Heather Baker via poultonactiongroup@gmail.com

Our next PAG meeting is on 5th April @ 5pm @ The Falcon. Will also be raised at Parish Council's AGM on 9th May @ the Village Hall @ 7pm.

Simon Collyer-Bristow - PAG Chair

PARISH COUNCIL UPDATE

OPEN LETTER FROM THE PARISH COUNCIL

The Parish Council has for decades been highlighting with the Police, Highways, our District and County Councillors and Member of Parliament to take positive action to address the issue of heavy lorries and speeding through the village. It might be harsh to say it, but the reality is that our requests for significant action are constantly rebuffed.

Our concerns have now been drawn attention to by a recent serious accident. It might be churlish to say, “we told you so”, but we have, and they did not listen.

The amount of traffic through Poulton has increased exponentially, especially subsequent to the new developments in Fairford.

The number of heavy lorries passing through, using the A417 as a short cut from the A419 to the A420, is unacceptable and the road is not fit for that purpose. This is despite the fact that from the Cirencester by-pass lorries are directed to use the designated route of taking the A419 to access the A420 Swindon to Oxford road.

Lorries frequently cut across the centre of the road on the bridge and there are narrow pavements. Pedestrians risk being struck by their wing mirrors.

Walking with children and dogs is hazardous. Crossing the road safely has become threatening especially for those who are not so agile.

Amongst many suggestions we have asked for average speed cameras and for a reduction of the speed limit from 40 to 30mph on the eastern approach, to no avail. A zero-tolerance attitude must now be adopted, with fines being issued to any driver exceeding what is the legal limit.

The Council has received the results of a speed survey carried out over nine days in February. Initial findings show that more than 50% of vehicles, in both directions, at the western end of London Road are exceeding the speed limit. Over 350 vehicles per day in each direction are being driven at above the enforcement limit of 35mph. At the eastern end over 60% of vehicles were exceeding the 40mph limit. 400 vehicles a day are exceeding the legal enforcement limit of 46mph, in each direction.

Much focus is placed on the 85-percentile figure. This figure is the actual speed of the vehicle recorded at the 85% point if every speed was listed in ascending order. The survey showed that this was 37mph (in the 30mph zone) and 47mph (in the 40mph). In other words, all vehicles in the top 15%, above this vehicle, are travelling even faster than these speeds. We believe by focussing on this figure it is being used by the powers that be as a smokescreen to conceal the full extent of the problem. A staggering 1,500 vehicles exceed this percentile daily.

We are continuously being told that if you hit a child at 20mph only injury arises but at 30mph a fatality is likely to happen, and also that 20 is plenty. The way offenders are allowed so much leeway is frankly ridiculous. 30 is 30 and 40 is 40 and this is a village where people live and not a racetrack. What is going on is tantamount to letting someone get away with murder because they only stabbed their victim six times, knowing that a charge will only arise at seven or more stabbings.

Enough is enough, we cannot carry on as we are, risking the lives of the people who are part of our community. It has to change, there is no choice.

This letter is being sent to the Wilts and Glos Standard, the Police Commissioner (or his deputy), the County Councillor responsible for Highways, Lisa Spivey, Geoffrey Clifton-Brown MP.



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THE POULTON EYE

SJP11791 V1 (09/20)

POULTON'S PARLIAMENTARY CONSITUENCY BOUNDARY CHANGE

MONDAY APRIL 4th is an important deadline for all of us in Poulton.

At the time of writing (March 19th) only a few days remain to this deadline for you to submit your comments about the Parliamentary Constituency in which Poulton resides being changed from "The Cotswolds" to "Cirencester and North Wiltshire". North and west of this new parliamentary area lies the rest of the Cotswolds whose name would not be changed.

For copyright reasons I cannot include the relevant map but under the proposals a significant portion of the current Cotswold Constituency, including Poulton, will move from The Cotswolds into a "Cirencester and North Wiltshire" constituency and thus would no longer be in "The Cotswolds" parliamentary area. The areas affected are:

Northleach, Aldsworth, all of the Colns, Quennington, Southrop, Fairford, all of the Ampneys, Poulton, Bibury, Tetbury, Kemble, and Cirencester town itself.

To submit your comments before April 4th you can do so online by visiting bcereviews.org.uk Once on the site you will need to enter your postcode in order to access to our specific region, a detailed map of the changes, and the ability to comment. **BCE (Boundary Commission for England) can also be contacted in London at SW1P 3BQ or on 020-7276-1102.**

So what is at risk here and why does it matter?

Last August I had two hours of discussion here in Poulton with our Cotswold MP Sir Geoffrey Clifton-Brown mainly about this particular issue.

The Boundary Commission for England, along with the Commissions for the rest of the UK, is tasked with defining the boundaries of all the Parliamentary Constituencies in England, with the aim being that each Constituency has between 69,724 and 77,062 electors, The Boundary Commission for England reports every 8 years and is regulated by the Parliamentary Constituencies Act of 1986, as amended in particular by the PCA of 2020.

It obviously makes sense to even out the responsibility which falls upon each MP, but changes can also cause problems and geographical distortions: e.g. an MP in Bristol will have a small constituency in terms of geographical area covered, whereas an MP in rural Wales may have, geographically, almost a third of Wales to look after. The BCE does say they take into account "local ties that would be broken by the changes" and "inconveniences that may flow from the changes".

The proposed changes for our area show a lack of understanding of our local issues. For example how could the seat of the Cotswold District Council in Cirencester not be in the parliamentary area of "The Cotswolds" and therefore not in the area which presently falls under the Cotswold MP? It's true that the proposed changes do not affect the Local Government boundaries and that CDC will probably continue to function mainly but it doesn't make sense to dislocate the present arrangement which ensures that all electors who live in the Cotswolds, and pay their rates to CDC, are looked after by the same MP rather than one who also represents (for example) Swindon and Chippenham.

The BCE's 2023 Review second public consultation period is from 22/2/22 to 4/4/22 but according to the MP it might already be too late to change their mind over the boundaries themselves. In this case, the best we could hope for is that enough residents request that at least the two new areas should be called the "South Cotswolds" and the "North Cotswolds".

Whether you agree or disagree I would urge you to have your say. Contact Sir Geoffrey Clifton-Brown (House of Commons LONDON SW1A 0AA; 020 7219 5147; CLIFTONBROWNG@parliament.uk), use local and social media and, in particular, register your comments with the BCE before April 4th.

Gordon Lee

THE POULTON EYE

GARDEN NOTES



APRIL FLOWERS

BY JACKIE PIGOTT

Here we go- buckle up for the start of the spring flower fiesta!

It's such a joy to see daffodils in full bloom all over Poulton. The verges are creaking with these bobbing yellow blooms- all shapes, colours, and sizes.



Last November I planted several hundred spring bulbs in a patch of meadow grass in the garden. There is much anticipation at Poulton House to see if this hard work has paid off. I can see lots of leaves pushing through the turf, but no flowers yet. Hopefully over the next 6 weeks there will be a succession of naturalising daffodils, tulips, grape hyacinths, and camassia-whites, yellows, pinks, blues, and purples. I will leave the grass around the bulbs to grow long, until maybe mid- June.

Consider applying a high potassium fertiliser every 7-10 days to bulbs as soon as the leaves appears, until they start to die back. Once the flowers are over, pinch them off. Remove the leaves only when they have become yellow and grass like. This can be up to 6 weeks after the flower display.

STOP PRESS* *STOP PRESS

The RHS (Royal Horticultural Society) has decreed that they no longer class Slugs and Snails as garden pests.

Instead, they are describing them as 'Planet Friendly', playing an important role in maintaining a healthy ecosystem as nature's recyclers, clearing dead matter from the garden as well as being an important food source for hedgehogs and birds.

We are all still going to be grumbling though over the next few weeks as we see unwanted slug damage to certain plants. I am remembering how upset I was last year when slugs ate all the fresh growth on the emerging dahlias.

My approach to controlling slugs if they are getting out of hand is by setting beer traps- jars of beer sunk into the soil which the slugs fall into. It works. Oh, and some nocturnal torch lit hunting!

GARDEN NOTES



Other steps you can take without using chemicals:
Transplant seedlings into pots first so that they are bigger and stronger before they go in the ground.

Encourage natural predators like birds, frogs, hedgehogs, slow worms, and ground beetles into the garden.

Rake debris away from the base of vulnerable plants.
Water the soil with a nematode solution- this is a microscopic organism that is not harmful to anything other than slugs.

Jobs for April

Hydrangeas- remove last year's flowers at the next set of healthy buds and cut out 1 or 2 of the oldest stems at the base. For *Hydrangea paniculata* and *Hydrangea arborescens* you can opt to prune to 4 buds from the base.

Plant sweet peas in the garden. This can be by either transplanting seedlings already started under cover, or by directly sowing seeds into the soil according to the instructions on the seed packet.

Start watering and feeding houseplants regularly

Oh, and enjoy the magnolia flowers, like this one in Judith's garden...



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NATURE NOTES - AN ANCIENT SIGN OF SPRING

As the weather warms up there are many signs of spring with white violets flowering, cow parsley sprouting and primroses flowering in the hedgerows but there is one rather overlooked flower worth looking out for.

Dog mercury is a small insignificant looking woodland plant which grows in clumps. It is one of the very first plants to send up a shoot in the spring as the soil temperature rises above 5 °C.



The stem reaches around 10 cm with 3-5 leaves at which height it produces either male (shown below) or female flowers from the base of the leaf. The two sexes form separate clumps and pollination occurs by wind.

The female flower produces a tiny seed which has an apical fat body which is particularly attractive to ants which disperse it.

Somewhat surprisingly the ants range is a miserly 0.36m which may explain why it spreads very slowly, taking 3 years to spread 1 metre.

Indeed most of the spread could be due to underground shoots forming a dense mass of roots, which may be why it is such a strong competitor, excluding most other plants.

As it appears so early in the spring it tolerates and monopolises shady spots in deciduous woods, particularly liking chalky or alkaline soils typical of the Cotswolds. It is often found associated with oak, beech, ash and field maple which may be due to associated mycorrhizal fungi which it depends on for nutrients. Its very slow dispersal makes it a useful biomarker of ancient woodlands and when it is found in a hedge row it is often a sign that the hedgerow is a remnant strip, left when ancient forest was felled to make fields. It is very sensitive to trampling by human feet, one reason why it is found most in undisturbed dense old woods.

Its name, "Dog" mercury, is to distinguish it as a bad variety of the "mercury" family which includes Good King Henry, a leafy plant often boiled and eaten as a green vegetable for the poor in mediaeval times (aka Lincolnshire spinach). Dog mercury is in fact very poisonous with a well documented case from the 17th century of a family poisoned, with one child dying, after eating it in mistake for Good King Henry. There are also cases of sheep and cattle being killed. The poison includes saponins and methyltriamine, which gives it a smell of rotten fish.

It was widely used externally in mediaeval herbal medicines as a poultice and also as cure for warts, perhaps related to its cytotoxicity. The sap forms a blue dye resembling indigo but it fades rapidly.

Its superficial resemblance to brooklime (which is edible) led to hospitalisation of a teacher and his wife as reported in the British Medical Journal of 1924, though happily they both recovered. However enthusiastic foragers should be very careful to avoid this plant.

Waitrose is a better bet for greens I feel.

Robin Spiller



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MISSION AND MEDITATION

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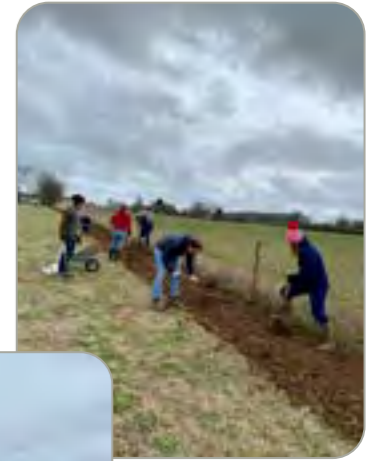
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Our Chefs have been busy hatching some cracking new dishes...



So come in this easter and discover what's on the menu!

TREE PLANTING ON ENGLANDS MEADOW



A HUGE THANK YOU

To Nigel for preparing the meadow ground ready for planting and to everyone, who made it to Englands these past two Sunday mornings. There was a lovely vibe, new people to meet, delicious cake to eat and it didn't rain!

Over the last 12 months a team of villagers have been caring for the saplings in their allotment nursery; regularly watering and weeding, allowing the trees to thrive. Now those 400 trees have been moved from the allotment nursery to the meadow. The trees have been planted, staked, have protective covers and been watered in.

Work on the meadow is ongoing, it's a long term project, look out for regular updates in Poulton Eye.

Please if you can give some time to help with watering over the coming months we'd be very grateful, email Roger rdm-davies@btinternet.com for more information

Thank you again on behalf of the PFAC Trustees





Visit our Cellar Door to purchase our award-winning red, white, rosé and sparkling wines – perfect for celebrating this Easter with loved ones.



FROM THE CELLAR DOOR



TIME FOR GOOD COMPANY, GOOD WINE AND GOOD WELCOME

After a long dark winter, Poulton Hill Vineyard's Natalie Barker explains why April is a month to celebrate

Spring really has sprung here at Poulton Hill Vineyard. April is when we first see the buds start to open up on our vines and the growing season begins.

April is also a time for celebration, with Easter weekend falling midway through the month. The four-day holiday is a time when families and friends get together to celebrate the end of Lent with a wonderful meal.

Lamb is one of the traditional favourites to enjoy on Easter Sunday, and it is perfectly paired with our Arlington Red NV. The wine is deep ruby in appearance, with a beautiful nose of cherry, blackberry and hints of strawberry. The palate is bursting with English red berries, with further dark cherry and damson at the forefront, and hints of raspberry. It is medium-bodied and is able to cut through the strong flavour of the roast lamb, without overwhelming or subduing it.

If you are looking to celebrate Easter with a meal at a local pub or restaurant, The Falcon Inn in Poulton and The Crown at Ampney Brook both serve Poulton Hill wines and spirits.

Easter is not the only celebration taking place in April.

On April 21st the Queen will turn 96, so why not raise a glass of sparkling Bulari 2018 to our long-reigning monarch on her birthday in her Platinum Jubilee Year.

April 23rd is St George's Day, the day to honour the patron saint of England. What better than a glass of English wine to toast the famous dragon-slayer? It is also National Shakespeare Day in honour of England's most famous playwright, William Shakespeare who was born and died on that day. As he wrote in Henry VIII: "Good company, good wine, good welcome, can make good people." I think that is something that we can all agree on!

If you wish to give any of Poulton Hill's award-winning wines and spirits as gifts this Easter, you can order online and we will courier them to their destination.

If you would like to visit us at the Cellar Door here in Poulton, we offer our wines and spirits at special Cellar Door prices. We are open Monday to Friday from 9am until 4pm, and by special arrangement outside of these times. The Cellar Door will be closed on Good Friday and Easter Monday.

Happy Easter from all of us at Poulton Hill Vineyard.

Natalie Barker



CHAMBERLAIN WINES

Hello. My name is Mark Chamberlain, and I have lived in Poulton with my family for more than ten years. If we haven't met, you may have seen me walking the dogs around the village!



I am an Independent Wine Merchant. I have almost twenty years' experience in the Wine Trade, including living and working in Saint-Emilion. I have run my own Wine Merchant's business for more than a decade.

I list wines from all over the World, and in a wide range of styles: crisp, dry whites; richer, fuller bodied whites; pale and refreshing Provençal rosés; light, supple reds; full-bodied fruity reds; luscious pudding wines; an array of sparkling wines including some excellent Grower Champagnes; a selection of ports and sherries; classic Clarets, Burgundies, Riojas and Barolos; lots of interesting wines from off the beaten track. In essence, anything that I like and I think represents good quality and good value for its type and origin. I don't list anything I wouldn't drink. And I always try to be amongst the most competitively priced for the wines I list.

I don't have a shop, but I do offer a range of traditional Wine Merchant services – expert advice, naturally; free local home delivery (or I can send wine anywhere in the country using a reliable courier service); glass loan for events; gift boxes. If I don't stock a wine or style you're looking for, I will do my best to find it for you. In short, all you could want from a Wine Merchant, on your doorstep!

As I live in the village, Poulton residents get 10% off the list price of any order.

If you want to see a list of the wines I have currently, join my local email list, or have any other questions, please do get in touch: mark@chamberlainwines.co.uk or on the mobile, 07894 528 580.

All the best!

RECIPE OF THE MONTH

Easy Lemon Chicken

4 servings

INGREDIENTS

- 4 part-boned chicken breasts, skin on
- 1 lemon, juiced and zested
- 1 tbsp clear honey
- 1 tbsp olive oil
- 2 garlic cloves, chopped
- 1 tsp dried oregano
- new potatoes and green salad, to serve

INSTRUCTIONS

1. Heat the oven to 190C/170C fan/gas 5. Arrange the chicken in a layer, skin-side up, in a shallow ovenproof dish. Put all the remaining ingredients in a bowl and warm in the microwave or a small pan for 1 min. Stir everything together and pour over the chicken
2. Roast the chicken for 30-40 mins, basting every 10 mins. The juices will gradually thicken and give the chicken a shiny coating. Leave the chicken to stand for 5 mins before serving with new potatoes and a green salad.

POULTON'S GREAT JUBILEE JAMBOREE PROGRAMME OF EVENTS

THURSDAY 2ND JUNE

TROOPING THE COLOUR & BIRTHDAY PARADE
BEACON LIGHTING

FRIDAY 3RD JUNE

THANKSGIVING SERVICE - ST PAULS

Thursday Evening:
**Poulton's
Got Talent**

Fri Evening:
Quiz
at the Cricket
Pavilion

**ALL WEEKEND BEER
FESTIVAL
ON
ENGLANDS**



POULTON'S GREAT JUBILEE JAMBOREE PROGRAMME OF EVENTS

SATURDAY 4TH JUNE

Poulton Hill Wines

Gourmet Burgers

Italian Pizzas

SUNDAY 5TH JUNE

BIG JUBILEE LUNCH

Sun am; Church
service &
Children's
Treasure Hunt

**Lunch:
BBQ at
the Village
Hall**

EVE - GET
DANCING SHOES
ON FOR PARTY
ON ENGLANDS

**VILLAGE PICNIC ON ENGLANDS
FUN CRICKET MATCH
& BEER FESTIVAL CONTINUES...**



SAYING GOODBYE TO POULTON'S WI

Poulton's Women's Institute (WI) has closed after 73 years as a village group. Here, villagers share their memories of the group and what it meant to them.



"Having been a member of Poulton WI for 33 years, the years speak for themselves. It's one way of finding how a village works and meeting new friends." *Jean Nunn*

"Some of the joys about being a WI member:

- Regular meetings: Friendship and interesting speakers at monthly meetings
- Opportunities: I have learned mosaic crafts, lace making and other skills thanks to the WI
- Outings: Trips to gardens and stately homes plus concerts such as seeing Boys Aloud
- Social events: Such as garden meetings.
- Integration with the village: Dancing the can-can at a village show! Helping to fund raise at village fetes, promoting a pudding evening, harvest supper and running cake stalls at village events. Raising funds for play equipment." *Rosemarie Chapman*

"I have only been a member for the past 3 years so I won't have the memories that other members will have, but I shall always remember the first time I came to a meeting. You were all very friendly and welcoming. I have enjoyed all the talks and get-togethers since." *Rachael Baker*

"Thirty-seven years ago, we came to live in Poulton. A few days later Eleanor Toby came to welcome us and invited me to the WI the following Tuesday meeting. She called for me, and I attended my first of many WI meetings. I've had fun and games and entertainment. Thank you, WI" *Janet Heneghan*



"I have many happy memories of Poulton WI - excellent talks, often with information that I would not have acquired anywhere else, demonstrations by a potter at a lathe, by a local butcher making sausages, by skilled florists on how to make Christmas decorations - often with invitations for members to participate. I also enjoyed outings to gardens, concerts and the theatre, and attending the National WI AGMs." *Janice Mount*

"I'd been living in Poulton for some years and had been commuting to work for all that time. After taking early retirement I realised I only knew a few people. I decided to join the WI where I made so many friends, learnt so much about the area and - most importantly - it enabled me to feel part of a wonderful welcoming group and become part of a lovely vibrant village." *Suzanne Lee*

SAYING GOODBYE TO POULTON'S WI

"When I moved here in 1986, I did not know the village or the area. Our neighbour at the time, Des Jobbins, invited me along to the WI. I had joined the WI in Somerset despite being only 32! As in Somerset I knew it was a way to make new friends, learn new skills (including hitting a golf ball off its tee with eyes shut!) ... and a chance to be involved in many varied and fun projects along with a very supportive group." *Ann Young*

"Here we are at the end of March 2022, saying "Farewell to Poulton WI. I will miss the monthly chats by those who seem to lead far more interesting lives than we do. Perhaps the speakers and outings to the theatre were the main reason for me joining in the first place. Thanks to all who contributed to giving me too many memories to mention individually but in all making a fuller life for me when I retired. In more recent times I have learnt about the work of the Wiltshire Air Ambulance and how Assistance Dogs now play a big part in tracing diseases such as cancer earlier in its development. We now know how to make felt thanks to Sue Spiller and sausage making gave us an hilarious evening thanks to Andrew Butler. Chris O'Grady "Turned Right at Lands End" and took us on his amazing journey to Rome, and our trip to Windsor Castle took us to an area of history which up until that time was a bit of a mystery about the Knights of the Garter, but after an interesting couple of hours we knew a lot more than when we arrived. We have made endless cakes, and stood on England's, a lot of the time in howling gales or pouring rain, selling cakes to raise money to pay for those speakers. I can remember saying before COVID struck that having made about 20 cakes that year I was giving up. Little did I know that the dreaded virus would put part to that cake stall for the next 2 years! I will miss everything that WI has meant but most of all Friendship." *Anne Randall*



"I am a relatively new member of Poulton WI and as such was not around to enjoy the Pudding Club and all the other activities that took place before I joined. Having heard all the fun they had, I wish I had joined sooner. As a newcomer and a foreigner (all the way from Fairford) I was made to feel very welcome and it was not at all as I imagined the WI to be - much friendlier and fun. I will miss it but have made some lovely friends." *Joan Bird*

"If I am honest, I only joined the WI because I gathered that it badly needed more members - but I am very glad that I did. I have enjoyed some very interesting talks, the outings, but above all I have welcomed the opportunity to get to know other members better. The WI has played a valued role in the Poulton community, and I hope that it will be replaced by something else that can also bring the Village people together." *Judith Mount*

Pauline Tough and Elinor Davies look back...



This is Mrs Freda Baylis who was the founder member of Poulton W.I. in January 1949. She lived in the house then known as Dorian, for 62 years. An accomplished cook, keen artist (she went to Art School in the 1920s) and a wonderful embroiderer.

She was the ideal person to have set up the Institute, having survived the war, she was aware of the hardships women and children had endured and was prepared to encourage the society's ethos of friendship, education and learning new skills.

Her concern for public health caused her to be instrumental in having the pool at Stoney Pool filled. So, she set the trend for a charitable, community concerned organisation in the village.

Other members followed, for example Des Jobbins raised money for the children's roundabout; Marjorie Higgins entered, and won, Poulton for the Best Kept Village in Gloucestershire Competition; and Erica-Mary Sanford served teas in her gardens

SAYING GOODBYE TO POULTON'S WI

As a member of Poulton WI, there are so many memories. We had our regular speaker evenings but also, celebrating special occasions, we put on events at the village hall. We were supported by the villagers and invariably had full houses - but then who wouldn't want to attend a pudding evening (with choice of 30 puddings), harvest festival suppers, entertainment by a ukulele band, a murder mystery evening, a performance of HMS Pinafore and, of course, participating in Tom Boyd's revues (see photo, you may recognise somebody!).



Mostly keen and knowledgeable gardeners, we visited many grand houses and gardens. We planted a rose garden, many bulbs and memorial trees in the village. We had much delight in visiting each other's gardens too, always accompanied by tea and cake. Spreading our wings and meeting the members from the Fairford Group of W.I.s brought interest and ideas to our meetings.

We have supported various local charities over the years, each of us suggesting reasons for our endeavours, to bake, knit, crochet, sew, donate, teach, and support.

Latterly, the Institute has been led by Pauline Tough supported by Elinor Davies and Ann Speed, but the whole of the membership has contributed to its smooth running. We all regret the closure, but as we are unable to recruit younger members, we feel this is the only action available.

You never know, maybe another Freda Baylis may appear and set the ball rolling once more.

Meanwhile, thank you to all Poultonites for their support over the past 73 years.

Pauline and Elinor



POULTON THROUGH THE YEARS - 1890s

How did we manage before Google searches? Well, before that, there were telephone directories and The Yellow Pages. Before them, during the last decades of Queen Victoria's reign, there was Kellys Directory...

Available by each county (big cities had their own editions), Kelly's Directory listed residents who were of good social position (gentry) as well as tradespeople who offered specific services in England's towns and villages.

Each directory was compiled by agents who were sent out to an area to enquire about residents and identify those who should be listed in the published directory. Directories were compiled using the same format, with each one running to over 500 closely-printed pages.

So if you were going to be visiting an unfamiliar town or village in 1897, Kellys Gloucestershire Directory might be the place to go to find out who you might meet, or where you might go to find services that might be useful, such as where you could get your cart or carriage mended - or where you might stay, eat or visit.

So what would we have found out about Poulton if we were planning a visit in the 1890s? Kellys Gloucestershire Directory published in 1897 tells us that:

- POULTON is a parish, on the road from Cirencester to Fairford, 5 miles east from Cirencester stations on the Great Western and Midland and South West Junction railways... [railways were by then very important means of mass travel, although Cirencester station has long been closed)
- The parish was formerly in Wiltshire, but [in 1844] was annexed to the county of Gloucester
- The old church of St. Michael stood about half a mile from the village, but in consequence of its dilapidated condition it was pulled down in 1873-4, and a new church erected in the village (partly with the old materials), at a cost of £2,339
- The register of marriages dates from the year 1703; baptisms, 1695; burials, 1696
- The neighbourhood of this parish is noted for its stone and slate quarries. The soil is stone brash; subsoil, limestone. The chief crops are wheat, oats, barley and roots. The area is 1,535 acres; rateable value, £1,844
- In 1891 the population was 406
- The village had a National School (mixed), built in 1873, for 101 children; average attendance, 80

And here are the village listings, starting with the local gentry and then showing no fewer than 22 tradespeople. What a busy place Poulton was in the 1890s!

Adams Mrs	Herbert Charles, plasterer	Sambleson Orlando & Son, tailors & drapers, Post office
Joicey James, Poulton priory	Hil Albert Edmund, farmer	Sambleson Edward, tailor
Joicey John George, Poulton priory	Holder Thomas, plasterer	Strafford Charles, carpenter, joiner, & contractor &c.; estimates furnished &c
Lane William Jenner, The Firs	Jobbins George, mason	Strafford John H. saddler & harness maker & dealer in all kinds of stable requisites, coffee rooms for picnic parties, cyclists &c. &c
Mayne Rev. Wm. John, Vicarage	Luckett Cornelius, farmer & haulier, carter & heavy haulage contractor	Tilling Ernest Jsph. Wm. bakr. & groer
Titley John Edward	Luckett Rt. carrier, & traps on hire	Tilling Joseph, farmer & quarry ownr
Young Edmund, Manor house	Miller Charles, assistant overseer & clerk to the parish council	
COMMERCIAL.	Niblett Mary Ann (Mrs.), Falcon inn	
Adams Albert Herbert, baker	Palmer William, shopkeeper	
Carpenter Richard & Son, blacksmiths	Oram Ann (Mrs.), beer retaler	
Edwards Alfred, shopkeeper	Poole Joseph, carrier & shopkeeper	
Eacott James, mason		
Harris Alfd. Fredk. grocer & baker		

FROM THE VILLAGE HALL



NEWS FROM THE VILLAGE HALL

Once again, the Trustees have reason to thank villagers and the local community, this time for their generous support at BBB in March, when all proceeds were donated to the Red Cross Ukraine Appeal – a total of £438 was raised.



The Trustees met recently when, as well as concluding usual agenda items and discussing plans for future events (see further on), we were also delighted to welcome Nicki Steel onto the team. Nicki is keen to get involved with the running of the Village Hall and its' events so it's great to have her on board.



When you're next at the hall, take a moment to look in the gazebo. Poulton WI have most kindly donated a bench to the Village Hall, which the Trustees are very grateful to receive. The bench includes a plaque marking the event and the longevity of the Poulton WI Group. See photo of Suzanne Lee making the delivery on behalf of the WI along with Ant Musitano (villager and great friend to the hall) who refurbished the bench. Thank you for your generosity.

Please read on for information about events taking place in April, including a new event on 1st April, and then see the article by Kristina Clapton, who expertly & efficiently manages the hire and booking process for the hall – it's a great venue for all sorts of events, as she describes.

DATES FOR YOUR DIARY in APRIL



Each Tuesday afternoon – 1.30 to 3.30 pm – Post Office & Pantry

Outreach Post Office is run by Matthew each week.

Take advantage of this local service for your postal and banking needs and stop for a while to enjoy a pot of tea/coffee and a homemade slice of cake.



Saturday 2nd April – BBB - Village Coffee Morning – 10.30am to 12.30pm – All welcome to drop in for a drink and a homemade biscuit or Eccles Cake and browse the library for some new reading material or donate any (good condition) books you have finished with. Homemade cards also on sale.



Film Nights will be Tuesday 5th April and Tuesday 19th April – subscribe to the mailing list at poutonone&nines@gmail.com to be notified of the film details.

Films begin at 8pm, the hall opens at 7.30pm for pre-film drinks, which is a great way to meet people or catch up on news.

Also, a new SPECIAL Film Evening on FRIDAY 1st APRIL – see opposite

FROM THE VILLAGE HALL



Hire of Poulton Village Hall by Kristina Clapton

I took over the diary management for the village hall hire in 2009, when I was a fairly newbie villager and eyed as a perfect candidate for the role due to my working arrangements from home. I can honestly say, that at that time, being a young (ish) Mum it proved the perfect way to get to know people and feel part of our lovely village.

Despite 13 years passing since being handed a 2009 diary together with a receipt book full of used carbon paper and the world having moved leaps and bounds in technology, I still run a manual diary. I think the committee have given up suggestions of updating to a digital version due to my reluctance to change what has worked for many years, but maybe in the future someone will improve the system and modernise it for the next generation of bookings (though it will need to be handled by someone far more efficient with much better knowledge and patience of modern tech than myself.)

You may wonder what the hall is hired for, it's not just used for the regular BBB, Film Club, local club meetings, Keep Fit Classes and fund- raising events organised by the Trustees. We welcome hires from individuals and businesses looking for a venue to hold a variety of events including charity quiz nights, travelling bands, theatre groups, garden furniture sale, dance rehearsals, birthday parties, social get togethers, family reunions and gatherings. We've even had a wedding reception where a marquee filled the car park. The main hall can be transformed with some inspiration, decoration & fairy lights, a 30th birthday party brought some real sparkle with glitter curtains and disco balls, it's fabulous to see the hall dressed up for such an occasion.

The hall is home to a curtained stage (a facility many halls no longer have) perfect for drama rehearsals and productions. There is a free wifi facility for anyone wishing to connect online during the hire of the hall. A new addition is the outdoor wooden gazebo which is sure to be very popular for events held over the warmer months. And, did you know we also hire out tables, chairs, crockery & glasses for a very reasonable fee? Worth remembering If you have a gathering at home and need a few extras for catering.

Current hall hire rates for villagers start at £7.00 per hour with £1 per hour heating charged from October to April

How to contact me for hires:

Email me at: kjclapton@gmail.com - I reply as quickly as I can with availability, rates and hire agreements.

DISCOVERY OF THE ENDEAVOUR



DISCOVERY OF THE ENDEAVOUR

This March, scientists found and filmed one of the greatest ever undiscovered shipwrecks 107 years after it sank. The Endurance, the lost vessel of Antarctic explorer Sir Ernest Shackleton, was found on 5th March at the bottom of the Weddell Sea. The ship was crushed by sea-ice and sank in 1915, forcing Shackleton and his men to make an astonishing escape on foot and in small boats.

In this article, Isabella Baird-Clarke imagines how Shackleton might have been feeling after the boat sank, back in 1915...

May 7th 1915

Dear Diary,

We are stuck in what seems to be a never-ending island of floating ice. Our beloved ship, the Endurance, got stuck trying to make our way through, now only the very top can be seen above the freezing waters of Antarctica. The numbing cold bites at my fingers and toes, sending shivers of fright throughout my body. Clouds cover the sky with an occasional hint of blue clawing its way through the whiteness. Crystal-like snow shimmers and glistens in the sun as if a million diamonds carpeted the ground.

Today the men finished setting up the campsite on ice; we needed a reliable place to take residence for the next few months. The dogs have become more like friendly pets than working animals – to some crew members they are the only thing bringing them happiness. There are newborn puppies as well, but everybody is finding it difficult to keep them all warm. We decided to play a game of football today to keep morale set high, which cheered up the team and distracted them from the reality of the ship sinking. A few penguins were spotted on the other end of the ice, which was rather joyous to see and made us feel not so isolated and alone as before.

Being the leader of the crew, I feel that I have to stay happy and confident in our expedition. It's not easy. I do dearly miss my family and home, but that almost makes me more determined to get everybody back safely. Waves of sadness sometimes flood me with fear and doubt. So many obstacles are in our way. Darkness. Cold. Weather. They haunt us like a child's nightmares. Most of the time we are happy with our achievements and the men have bonded closely, forming tight friendships bound to last. Even though our journey has abruptly stopped, it is most definitely not over.



Isabella Baird-Clarke (12)



HEALTH AND FITNESS

BY ADAM POWELL

SLEEP LIKE A BABY AGAIN...

Last issue I introduced the key to having a great life, The Four Pillars of Health: Sleep, Nutrition, Mental Wellbeing, Physical Wellbeing **This month will be focusing on sleep and how vital it is for us.** I am very fortunate to work with some great people and today I am sharing some knowledge from Daniel White, a sleep specialist and all-round health expert based in Guernsey. Below is an excerpt from his 30-day sleep challenge:

'The scary fact is that two-thirds of adults born in developed nations achieve less than the recommended amount of sleep every night.

This is sobering, because even mild sleep deprivation has major repercussions for every aspect of our physical, mental, emotional and spiritual well-being. If you're struggling with sleep issues, you are not alone.

Often, we initially feel resistant to admitting (even to ourselves) that we could be sleeping better – it feels like self-criticism and like adding more to our already unmanageable 'to do' lists. There's no judgment here. We're all doing the best we can and need to approach ourselves with compassion and honesty. It is then that we are ready to change. As the famous humanistic psychologist, Carl Rogers, told us: "The curious paradox is that when I accept myself as I am, then I can change."

Sleep Cycles

What you might not know is that we do not sleep in hours at all, but instead, we sleep in cycles. Each sleep cycle typically lasts on average for 90 minutes, repeating over the course of a night 4-6 times. Achieving four full cycles would equate to around 6 hours of sleep, five cycles to 7.5 hours of sleep and 6 cycles to 9 hours. Achieving any less than 4 cycles is likely to cause you to feel the acute effects of sleep deprivation the next day. This might be the case when you only achieve three (4.5 hours), two (3 hours) or one (1.5 hour) full cycle in a night.

The average number of cycles that we require each night is 5, equating to 7.5 hours sleep, however, this can be influenced by many different factors such as our physical activity, nutrition, and genetics, as well as the seasons of the year, other natural phenomena, and our overall state of health.'

What can you do to improve your sleep?

1. Stop using mobile phones, iPads, TVs, etc. at least 1 hour before going to bed.
2. Be consistent with the time you go to bed and wake up every day.
3. Try not to eat 3 hours before going to bed.
4. Artificial light is not good. Try a set of blue light blocking glasses, light bulbs etc.
5. Get outside in sunlight every morning.
6. Keep your bedroom cool.
7. Please stop stressing over getting 8 hours sleep. Think quality not quantity.
8. Reduce stimulants such as exercise, alcohol, and caffeine before bedtime.



Each issue of Poulton Eye I will be discussing fitness and health topics and sharing my knowledge gained from a long time working in the fitness industry. If you have any questions or subjects, you would like me to cover, please feel free to speak with me when I'm out walking/running with Digby (our black lab) or email me adam@cotswoldpt.com and Instagram @cotswold_pt

Stress, the modern phenomenon seems endemic in western society. Headlines often report the sorry tale of the rising cases & the impact it causes.

Stressed minds struggling to juggle a never ending to do list. Stressed bodies riddled with tension from hours driving sustained with caffeine & quick fixes. Stressed souls feeling the unrealistic expectation of image or aspiration. Set upon us by the torrent of contrived social media updates & posts.

The government statistics alone are shocking enough. Forty three percent of all days lost to ill health are a result of stress. So it is no wonder we're adrift wondering how to cope & manage it all!

For some a weekly yoga class doesn't seem like the obvious solution. Though if you ever happen to speak to a regular "yogi" they will mostly likely tell you how relaxed they feel after class or how they sleep better or that their body feels free of tension.

Much research has looked into how beneficial regular practice can be in battling stress and even depression. Yoga has a physiological effect on the body. Take for example the bridge posture its effective at relieving lower back pain but can also reduce anxiety, fatigue and even high blood pressure. Yoga in its simplest form promotes relaxation and releases tension. In yoga we focus on the breath which acts as an anchor for our mind. Simply by focusing on one action it calms and alleviates the constant mental chatter. By taking full breaths we nourish our bodies with more oxygen, rejuvenating at a cell level. Then as we empty the lungs fully we are letting go of toxins & tensions. Take a couple of slow deep breaths now, how do you feel? Calm?

When did you last give yourself & your body 75 minutes of your undivided attention? When did you ask yourself what you needed and listened to what your body answered? Yoga allows us to tune in to ourselves and tune out of the everyday distractions. Through regular practice we can learn to manage our stress, emotions and curb their physical manifestations.

Heart & Soul Yoga classes offer a perfect opportunity to learn yoga in a safe friendly environment. Classes incorporate a range of standing and floor postures, breath work, meditation and fun! So whether you are looking to relieve physical stress or manage anxiety yoga could be the perfect antidote to frenetic pace of modern life!

Becky Barry
07816 289034
sparkle1000@hotmail.com

Heart & Soul Yoga classes are held in Poulton Village Hall Monday 9-10.15am | 1:1 yoga tuition and small private classes on request.



POULTON CRICKET CLUB

Only last month it seemed as though there was a brighter future ahead with COVID seemingly behind us. Then something infinitely worse has to take place in Europe. Several of the club are looking at taking in refugees from Ukraine and maybe some light relief watching games of cricket at Englands might help them get through the summer away from homes and loved ones.

On the playing front, we have a sole Winter net left on the last Sunday of this month and then we'll be watching the weather forecasts to see when would be a good week to venture outside ahead of the season. Club attendance at nets has averaged over 60 a week catering for all our playing groups with **many new faces in all teams**. Our ECB Allstars & Dynamos programme bookings are up significantly in comparison to the same stage of last year while early interest in cricket from girls and women has been strong over the recent month with serious potential, if we can encourage them all to join, to start a girls team in 2022 to then feed our Women's side. Overall we are on track to see another year with well over 100 youth but also nearly 80 Senior members at the club for the 2022 season.

It is an **exciting time to be involved in cricket at Poulton**. The new club kit is arriving for players, we now have eight level two cricket coaches, both male and female, sharing the weekly responsibilities and enabling a cricket/life balance by backing each other up along with level 1s and support coaches. We have a new senior coach and two freshly qualified Safeguarding officers to look after what is shaping up to be a major growth in membership for the 2022 season. We end the Winter having invested over £1,000 in training courses for our volunteers, able to handle much more completely "in-house", slashing expenditure enabling some improved balance in the balance sheet but improving standards. Our Club Mark Accreditation is waiting on a sole point from the county to sort on their side and will then be submitted three months early. We have rejigged planned cash flow for the financial year to purchase a second bowling machine so the club's coaches can get to work on improving batting coaching in the new nets, which we were massively relieved to see survive the storms! The purchase of this machine has been made possible by a large donation made to the club and ticks off a development goal we had targeted for 2023.

The **Beer Festival plans** are well advanced with, at time of writing, 13 confirmed beer/cider barrel sponsors and 3 gin bar sponsors already on board and many more in the pipeline. This is a village beer festival hosted by the cricket club as part of the Jubilee weekend and it is not too late for you to sponsor your own barrel either via your business or personally. A Barrel is £150 and the gin Bar £75. The cricket club is a registered charity. For enquiries on this, please email PoultonSecretary@gmail.com.

Our **season starts on April 16th with a warm up for the 1st XI v Hawkesbury Upton at home** the first of the April friendlies before the Leagues start in May. There is a calendar on our website which we will populate with home game details for all interested spectators and I should also mention we are offering social memberships at £10 for the year.

The season is upon us and we are looking forward to seeing you all up at Englands soon.

April Fixture Date	Poulton Team	Playing Against	Start Time
Friday 15th April	Poulton 1st XI	Hawkesbury Upton	13.00
Saturday 23rd April	Poulton 2nd XI	Hawkesbury Upton	13.00
Friday 29th April	Poulton Women	Charlton Kings Women	18.00
Saturday 30th April	Poulton 1st XI	Painswick 1st XI	12.30
Saturday 30th April	2021 Season Awards (Covid Delayed)		18.00

Will Bathurst

WHAT'S ON IN APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					01	02
					7.30 for 8.00 Film and Pizza Night The Village Hall	10.30 – 12.30 Books, Biccies and Beverages Village Hall
03	04	05	06	07	08	09
10am Parish Communion Poulton	9.am – 10.15 Yoga – Village Hall Deadline for comments on Parliamentary Constituency Boundary Changes	1.30 - 3.30 Post Office & Pantry Village Hall 12.00 – 13.00 Communion & Meditation Poulton Church 5pm Poulton Action Group Meeting, The Falcon 8pm Poulton One & Nines Village Hall				
10	11	12	13	14	15	16
Palm Sunday 8am Holy Communion Poulton 10am Parish Communion Driffield	9am – 10.15 Yoga – Village Hall	1.30 - 3.30 Post Office & Pantry Village Hall		Maundy Thursday 19.00 Holy Communion Harnhill	Good Friday 10.00 At the Foot of the Cross Down Ampney 10.00 The Last Hour Ampney Crucis 13.00 Poulton 1st XI Home vs Hawksbury Upton	Easter Eve 20.00 Meditation and Prayers Ampney St Mary
17	18	19	20	21	22	23
Easter Day 8am Holy Communion Ampney St Mary, also at Down Ampney 10am Parish Communion & Easter Egg Hunt Poulton, also at Ampney Crucis	9.9am – 10.15 Yoga – Village Hall	1.30 - 3.30 Post Office & Pantry Village Hall 8pm Poulton One & Nines Village Hall				St Georges' Day 13.00 Poulton 2nd XI Home vs Hawksbury Upton
24	25	26	27	28	29	30
2nd Sunday of Easter 8am Holy Communion Harnhill 10am Parish Communion Poulton	9.am – 10.15 Yoga – Village Hall	1.30 – 3.30 Post Office & Pantry Village Hall	11.00 Ampney Parishes Coffee Morning Dakota Room, Down Ampney Village Hall		18.00 Poulton Women XI Home vs Charlton Kings Women	12.30 Poulton 1st XI Home vs Painswick

DIRECTORY

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Poulton Village Website	www.poultonvillage.co.uk
Poulton Facebook Page	https://www.facebook.com/groups/959278000806216/?multi_permaLinks=4503302606403720
Poulton WhatsApp Group	Please contact Rachel Hutchinson to be added to group; 07557 006623
St Michaels and All Angels Church, Poulton	Vicar: The Rev'd Canon John Swanton 01285 – 851309; john@swanton.plus.net Church Wardens: Simon Collyer-Bristow scb@crfc.co.uk rosie.arkwright@icloud.com
Village Hall	Available to hire for parties, wedding breakfasts, clubs or meetings hilaryant@btinternet.com (Chair); carolynjl@btinternet.com (Treasurer)
Playing Field & Allotment Charity (PFAC)	pfac trustees@gmail.com
Post Office	In the Village Hall. Tuesday 1.30 – 3.30
Parish Council	Chairman: Simon Collyer-Bristow scb@crfc.co.uk Clerk: Heather Harris poultonclerk@gmail.com
District Councillor	Lisa Spivey: lisaspivey4@gmail.com
Poulton Action Group (solar farm)	poultonactiongroup@gmail.com .
Fix My Street	Report issues within Poulton: potholes, fly tipping, etc. www.fixmystreet.com
Refuse Collections	Food bin weekly Friday 7am. All other bins & bags on alternate Fridays.
Gloucestershire Police	The Forum, Cirencester GL7 2QY Mon-Sat 8am-8pm www.gloucestershire.police.uk
Poulton Sports Club	David Knight: knightd@hotmail.co.uk
Poulton Football Club	www.poultonfootballclub.co.uk
Poulton Cricket Club	Club Secretary: Will Bathurst w.m.bathurst@gmail.com www.poultoncricketclub.co.uk/
Heart & Soul Yoga Class	Becky Barry INSERT PHONE NUMBER
Ampney Crucis WI	Anne Bridges 652471
Poulton One and Nines	Films in the village hall every 1 st and 3 rd Tuesday of the month. Contact poultononeandnines@gmail.com
Books Bikkies & Beverages	Village get-together 1 st Saturday of each month, 10.30 – 12.30 Poulton Village Hall Judith – 01285 851230
Ampney Crucis Mothers Union	Rosemary Franklin 01285 654282
Ampney Crucis Playgroup	Meet Tuesdays during term-time 9.30 – 11.00 Ampney Crucis Village Hall. £2 per family. Ella Milligan – daniellaceliarmorris@yahoo.co.uk – 07815502463 or Sofia Richie – sofia.kluge@hotmail.com – 07540198151
The Falcon Inn	www.falconinnpoulton.co.uk email: bookings@falconinnpoulton.co.uk 01285 850878
Ampney Crucis C of E Primary School	Head Teacher Tana Wood – 01285 851440 www.ampneycrucis.glous.sch.uk

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