

THE POULTON EYE

COMMUNITY - NEWS - INFORMATION



Welcome to the March edition of The Poulton Eye

PLANNING POULTON'S JUBILEE CELEBRATIONS

THURSDAY 2ND - SUNDAY 5TH JUNE

SOMETHING FOR EVERYONE TO ENJOY

HOW YOU CAN GET INVOLVED

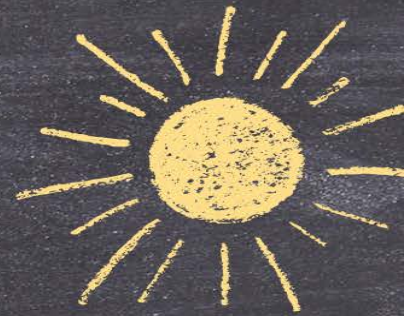
While out walking last week, I was lucky enough to spot a hare twice. It's always a joy to see one of these magical creatures and I wondered why hares are associated with both March and madness. A quick internet search revealed that it's to do with their capricious courting behaviour during the March mating season.

It's not just hares' behaviour that seems to have been capricious lately – the weather too has done its bit. That's the thing about March – it could bring sunshine, snow, or both. It is a hopeful time of year, time to look ahead towards spring and the promise of summer beyond. In that spirit we are focusing this month's Poulton Eye on Poulton's plans for the Jubilee Weekend events, with their promise of fun, community and celebrations to come.

As a community newsletter, we hope that you will find something interesting in this month's edition. We welcome articles, comments, photographs, adverts and news from all parts of our community - poultoneye@gmail.com.

Here's to merry March madness!

Rosie and Lizzy
Editors, The Poulton Eye



We are blessed with **2 wonderful church primary schools** in our group of parishes, at Ampney Crucis and Down Ampney. Each school serves families in our community; teaching, caring, nurturing, and encouraging children to fulfil their own potential.

It's a great joy to be able to go into our schools again. As well as leading Collective Worship ('Assembly') and attending meetings, I enjoy running Open The Book 'lessons' in each school.

Open the Book involves a few volunteers getting together to act out stories from the Bible. It's amazing what a tea towel, dressing-gown and a bit of imagination can achieve, and what fun can be created out of not very much for both children and volunteers!

We hope to get back into action in the summer term with some open-air performances and would love to have some more volunteers to get involved.

If there is a hidden actor or director in you, this is your chance step forward! You don't need to be a great theatrical actor and it's not a great time commitment (usually an hour on a Thursday morning during term time). All you do need to bring is bags of enthusiasm (and the odd tea towel)!

John

john@swanton.plus.com





FROM THE REVEREND CANON JOHN SWANTON, VICAR OF POULTON

DEAR FRIEND

“When life gives you lemons – make lemonade”, so the saying goes. I suppose it means make the most of the opportunities you are given. One of the lessons I have been learning in life is to say ‘yes’ when things come along; and even taking a close look at the lemons when they arrive too!

Recently, I have been invited to go on Pilgrimage to the Holy Land. I have to admit that the invitation was received with both pleasure (it was nice to have been asked) and some trepidation (I’m not particularly well travelled). I am still getting my head around PCR tests and how to book them at the airport at the other end. And - relief! - I have a valid passport. The prime purpose for me having a passport is so that I can act as someone who can verify parishioners’ passport applications!

I decided to take this opportunity to see the places we hear about in the scriptures – Jerusalem; Bethlehem; Samaria; Nazareth; Tiberias; the Sea of Galilee; and Caesarea. It’s going to be full on with early starts and lots of walking. We shall also be one of the first pilgrim groups to visit since the start of the pandemic – so it probably won’t be as crowded as it otherwise might be.

March brings the season of Lent – when people of the Christian faith are invited to be a little more reflective; a little more prayerful; a little more thoughtful; and a little more frugal – so we have time and space to think about God’s love; God’s world; and God’s sacrifice in Jesus Christ – an innocent man hung on a cross to die on a hillside just outside Jerusalem. Not just another unfortunate victim of injustice – but, we believe, God incarnate himself.

Lent is not always the most popular or attractive of the Christian seasons (*what, no chocolate?!*) but rather like making lemonade in life – it can be a positive experience if we make the most of it. And I might bring back a few lemons from the Holy Land!

Yours as ever - John

Vicar of Poulton

www.ampneychurches.info

ampneyrector@gmail.com

01285 - 851309

Every Church of England Church has an Electoral Roll, which lists all who have the right to vote at the Annual Parochial Church Meeting; and be involved in decision-making for the church. It also gives people the right to be married in the church – though if you live in the parish you are eligible to be married and buried in the church and churchyard.

We would welcome more people to join our Electoral Roll and application forms are available at the back of the church, or if you email the Vicar, he will happily send you one: ampneyrector@gmail.com

PARISH REGISTER

FUNERALS

Mrs Muriel Lloyd

3RD February

St Marys, Driffield

Mrs Margaret Clark
Paul Brice (Ampney Crucis |)
Mrs Patricia Nicholas

9th February
9th March
24th February

St Michael & All Angels, Poulton
Wellingborough Crematorium
Holy Rood Church, Ampney Crucis



ST MICHAEL & ALL ANGELS, POULTON

LENT APPEAL

Lent is a good opportunity to do some spring cleaning and perhaps have a look at those clothes you haven't worn for a while. We can help you to give them a good home. A charity in Gloucestershire is looking for good quality clothes – especially for men – to support families who have been brought to Britain on the airlifts from Kabul in Afghanistan. Many of the families fleeing the Taliban left with very little indeed. Could you help by providing some of your unwanted or unused clothes?

Many of these people are professionals who are keen to work and need to look nicely dressed and presentable for interviews etc. So it would be great if you can donate suitable items. Both children and adults' clothing would be gratefully received, but particularly menswear.

Please leave donations in the clearly marked box just inside the Church.

If you aren't able to help in this way, but might like to make a donation to the cause, please either make a donation into our church bank account with the reference 'Clothes' and this will be passed to the charity. Account details:
Poulton PCC | Sort Code 60-05-41 | Account Number: 04479521



SERVICES FOR MARCH

Tuesday 1 st March <i>Shrove Tuesday</i>	12pm	Holy Communion & Meditation Led by Canon Tony Ross	Poulton
Wednesday 2 nd March <i>Ash Wednesday</i>	12pm	Holy Communion	Harnhill
Sunday 6 th March <i>1st Sunday of Lent</i>	8am 10am 12pm	Holy Communion Parish Communion Baptism of Rollo Heal	Ampney Crucis Down Ampney Poulton
Sunday 13 th March <i>2nd Sunday of Lent</i>	8am 10am	Holy Communion Parish Communion	Poulton 🧘 Harnhill
Sunday 20 th March <i>3rd Sunday of Lent</i>	10am	<i>No early service this month</i> Parish Communion	Ampney Crucis
Wednesday 23 rd March <i>3rd Sunday after Epiphany</i>	11am	Ampney Group of Parishes Coffee Morning	Dakota Room Down Ampney Village Hall
Friday 25 th March <i>The Annunciation of our Lord to the Blessed Virgin Mary</i>	12pm	Holy Communion	Driffield
Sunday 27 th March <i>4th Sunday of Lent, Mothering Sunday</i>	8am 10am	BCP Holy Communion Parish Communion	Driffield Poulton
Tuesday 29 th March	10am – 4pm	Lenten Quiet Day Led by The Reverend Sarah Haslam	The Harnhill Centre



LENTEN QUIET DAY
 'BREAD OF HEAVEN - REFLECTIONS FOR THE HUNGRY'
 LED BY THE REV'D SARAH HASLAM

10AM - 4PM
TUESDAY 29TH MARCH
THE HARNHILL CENTRE

35 INCLUDING ALL REFRESHMENTS AND LUNCH
£25 - BRING YOUR OWN LUNCH, OTHER REFRESHMENTS INCLUDED

BOOK: 01285 850203 EMAIL: BOOKINGS@HARNHILLCENTRE.ORG.UK

TANNERS

SOLICITORS LLP

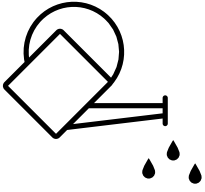


"Shhh....Mr Tanner has had an exhausting day walking the boundaries of his client's property."

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CELEBRATING THE PLATINUM JUBILEE - THE QUEEN'S GREEN CANOPY

BY JACKIE PIGOTT

I started my gardening journey as a volunteer in the Arboretum at Kew Gardens, and this is where my passion for trees began. So, the invitation to 'plant a tree for the jubilee' as part of The Queen's Green Canopy (QGC) initiative for the Diamond Jubilee year is just too exciting.

In addition to creation of the QGC, a network of 70 Ancient Woodlands across the UK will be dedicated as part of the QGC and 70 very special ancient trees across the UK will be identified and marked.

I wonder if the 'Tortworth Chestnut' will make the cut on the list of ancient trees. This tree on the Tortworth Estate in South Gloucestershire is reported to be at least 600 years old and has a girth measuring 10.5m!



There are opportunities to get involved with our own community tree planting in The Meadow on England's - see the PFAC Page...

In addition to The Meadow planting, why not also take this opportunity to plant a tree at home?

The QGC scheme is running from October 2021 to the end of March 2022, and then again from October 2022 to the end of the jubilee year. All you do is to choose your tree from a nursery with a Plant Healthy Certificate. The tree can be either bare rooted or in a pot. Once you have planted your tree you can register its location on the QGC map on The Queen's Green Canopy website - and if you fancy you can get a commemorative plaque!

Here are my top tips for tree planting:

1. Make sure that you dig a hole at least twice the width of the tree's roots and slightly deeper than the depth of the roots.
2. Loosen the soil at the base of the hole using a digging fork.
3. Cover the tree's roots with the excavated soil before you add any compost or fertiliser to the planting hole.
4. For a bare rooted tree, make sure the point where the tree has been grafted onto the rootstock is above soil level.
5. For a pot grown tree, plant so the top of the compost is slightly above soil level.
6. Insert a stake into the ground in the direction of the prevailing wind and tie the tree to the stake using a rubber tree tie.
7. Thoroughly soak the tree until there are puddles at the base of the tree.
8. Apply a 5cm thick mulch of bark chippings, composted bark, or compost around the base of the tree, making sure the mulch isn't in contact with the tree itself.

Sticking with the Jubilee Theme, another great passion of mine is roses. To celebrate this special year, Harkness Roses have bred a beautiful pink scented bush rose that has been officially selected by the Queen for her jubilee.



£2.50 from each rose purchased will be donated to The QEST- The Queen Elizabeth Scholarship Trust. This is an art & craft educational trust that was created to sustain traditional British craftsmanship. They do this by supporting craftspeople of all ages and from all backgrounds at a critical stage in their careers. I am really tempted!

Generally, early spring is a good time for rose pruning:

- Use bypass pruning secateurs and rose pruning gloves for best results.
- First, cut out dead, diseased, spindly, and crossing stems, and prune dieback to healthy white pith.
- Then cut the remaining stems to an outward facing bud no more than 5mm above the bud sloping downwards away from it.
- Aim for well-spaced stems that allow free air flow.
- Trace suckers back to the roots from which they grow and pull them away.
- Some types of roses are treated differently eg climbing roses.



Finally, it's March and that surely means daffodils. I am planning a trip to Dymock Woods which is an ancient woodland 10 miles west of Gloucestershire that is famous for its extraordinary display of wild daffodils. Hoping to get lots of inspiration for daffodil planting next winter....

Tortworth Estate, Wotton under Edge, Glos GL12 8HP

Tortworth is a private estate, however the public are invited to enjoy this special place on the first Sunday of each month from February to October. Local charities offer refreshments on these dates. Opening times are:-February, March, September & October: 10:00am - 5:00pm; April, May, June, July & August: 10:00am - 6:00p. There is also a Farm Shop. See facebook page for details.

Dymock Woods, Linton, Forest of Dean, Herefordshire HR9 7UT

Forestry England managed ancient forest. Car parking, dogs welcome. www.forestryengland.uk/dymock-woods/walking-dymock-woods



NEWS FROM ENGLANDS

POULTON PLAYING FIELD AND ALLOTMENT CHARITY TRUSTEES

Thank you to everyone taking the slightly longer route from the main gate to the kissing gate thereby allowing the middle of the football pitch to begin to recover. The Trustees would be grateful for walkers to continue to skirt around the football pitch while the ground is so wet.

Regular walkers will have noticed that tree work has been completed on the boundary between the playing field and the meadow; tree canopies lifted and overhanging branches removed ensuring healthier trees and safety for everyone using the space. Luckily we got this done just in time for Storm Eunice!

Tree Planting in The Meadow

The saplings received from the Woodland Trust are now a healthy 3-ft each and ready to leave the allotment nursery for their permanent homes in the meadow. We have a mix of hazel, crab apple, downy birch, hawthorn and goat willow – all hardy native species. Once established they will provide shelter for wildlife and create a living legacy for future generations of Poulton villagers.

We are planting the 420 trees as part of the Queens Green Canopy, marking the Platinum Jubilee, and the Big Climate Fightback.

We are hoping that present day villagers will contribute to this effort not just with their time but also by sponsoring a tree. Once you have sponsored a tree, you can pin it to th Queens Green Canopy map (<https://queensgreencanopy.org/about-us/>) and have your contribution recognised with a digital plaque. We will have more information on how to sponsor a tree next month.



TREE PLANTING FOR ALL!

**JOIN US IN THE MEADOW BETWEEN 10AM & 1PM
SUNDAY 13TH MARCH & SUNDAY 20TH MARCH**

BRING YOURSELF, A SPADE, A PAIR OF STRONG GLOVES AND A FLASK OF YOUR FAVOURITE BREW - WE WILL PROVIDE THE CAKE AND THE COMPANY!
PLEASE EMAIL ROGER - RMDAVIES@BTINTERNET.COM, SAYING WHICH DATES YOU WANT TO HELP



*Come in and let us put a Spring in your step
this season!*



*And don't forget to book your table for Mother's Day
on Sunday 27th March*



BIRDS OF A FEATHER FLOCK TOGETHER – OR DO THEY?

By ROBIN SPILLER

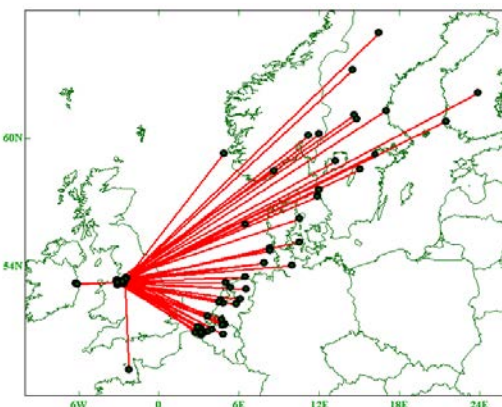
If you are out in the countryside on a cold bleak February day you could be forgiven for thinking that there is no life stirring. Then suddenly out of the blue (or grey more usually!) you are surrounded by a flock of twittering birds.

They usually disappear rapidly and silhouetted against the sky it is hard to make out any distinctive features. If you have binoculars and a bit of luck you can make out the distinctive features of a chaffinch but if you look more carefully you will come to realise that there is quite a mixture of species in the one flock. Although their preferred food and feeding is rather different, you often find greenfinches, and goldfinches with an occasional yellow hammer and siskin. Rarely there may be bramblings and red polls as well. Identification of all flock members can be tricky owing to a combination of flitting movements, the poor light and to changing plumage (many birds have rather drab feathers through the winter, only to spruce up for the breeding season which is just starting.) Thus, the male finches, especially the **yellow hammer**, only now start to develop their striking distinctive coloured heads, making them more easily identifiable. Two flashes of white on the wings and an undulating flight help identify the **chaffinch**, while the **greenfinch** shows flashes of yellowy green on the wing. **Goldfinches** are distinctly smaller and bounce up and down more in flight. All the finches call as they fly; presumably these contact calls help them stick together.

There are lots of ideas about why these birds flock in winter but live quite separately the rest of the year. It seems that these flocks provide several advantages to their members. A major benefit is **sharing the job of looking out for predators** which in this case is the sparrow hawk who specialises in racing down one side of a hedgerow, surprising and catching little birds like the finches by suddenly swapping to the other side of the hedge. Knowing there are lots of pairs of eyes on the lookout means birds in a flock can spend more time feeding and less time looking around for danger, especially helpful when food is scarce as it is right now.

Flocks also benefit by **sharing knowledge about likely food sources** (though this does not work if they are after the same food). These “feeding parties” work best for groups that like slightly different foods, such as chaffinches who like to feed on small seeds on the ground while greenfinches prefer larger seeds often found higher up. Goldfinches, being smaller and lighter, prefer to feed on smaller seeds like sunflower seeds - especially those provided by thoughtful humans.

Flock members can be divided into leaders and followers, who often tag along because they benefit from the added protection, hence why you often find a couple of random species along with the main flock.



Very large flocks are often those who are migrating over long distances. Many of the finches we see in winter, including the chaffinch, goldfinch and brambling, are not permanent UK residents but come from colder climes, especially Scandinavia (*see map, courtesy of Mersey side ringing group https://www.merseysiderg.org.uk/migration_of_finches.htm*), while our local species often winter further south in Spain.

Curiously the female chaffinch seems to be prepared to go south to Spain for the winter leaving the male to establish his territory before she returns in the spring. I hope that does not give anyone ideas!



Poulton Hill

VINEYARD

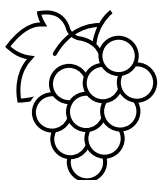
Award-winning rosé sparkling wine
from your local Cotswold vineyard

Our Bulari Sparkling Rosé is fresh and fragrant with hints of rose petal on the nose and flavours of passion fruit and orange. Celebrate Mother's Day with this delicious crisp, dry rosé.



— www.poultonhillestate.co.uk —

Our Cellar Door is open 09:00 to 16:00, Monday to Friday.
If you wish to visit outside of these hours, please call 01285 850 257 to arrange.



MOTHER'S DAY TREATS AND THE START OF SPRING

BY NATHALIE BARKER

Poulton Hill Vineyard's Natalie Barker warms up her chilly hands as winter pruning ends and the growing season begins

The winter pruning is finally complete in the vineyard (more than 9,750 vines were pruned by hand and tied down). If you drove or walked past Poulton Hill during the past two months, you probably would have seen Diogo, from our vineyard team, working incredibly hard pruning the vines every day. We really could not have completed the pruning without his efforts.

March signals the start of the growing season, as Spring temperatures start to creep upwards. However, we may not see bud break (when green plant tissue starts to emerge from the buds) for a few more weeks. In the meantime, our preparation for the season ahead continues as we work with our agronomist to ensure that our soil is in the best condition possible.

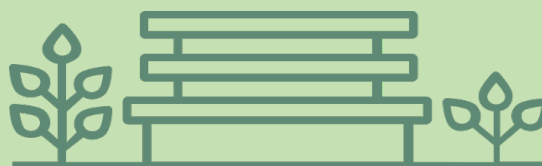
Mothering Sunday falls on March 27th this year. We have plenty of ideas for your how to spoil your Mum. Our sparkling Bulari Rosé 2018 comes in 75cl and 37.5cl bottles, and we also have branded wooden gift boxes to make your gift look even more special. Or

perhaps your Mum would like to visit us here at the vineyard, as we are hoping to re-start our Tour and Tasting sessions this summer. We have gift vouchers available that can be spent on any of our wines and spirits online and at the Cellar Door, or on a tour ticket. Our vouchers can be purchased online at <https://poultonhillestate.co.uk/gifts/gift-card>.

If you are looking to take your mother out for a special lunch, many local restaurants and pubs have Poulton Hill Vineyard's wines and spirits on their Wine Lists. For the full list of our stockists, please visit:

<https://poultonhillestate.co.uk/where-to-buy>.

If you would like to learn more about our vineyard, why not sign up to our newsletters? These contain a menu of the month, a recommended wine pairing and all the latest news and special offers. To sign up, please enter your email address in the fields provided at the bottom of any page on our website.



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Contact Josh on **0787 1525376**

Email: bosjc@outlook.com



CHAMBERLAIN WINES

Hello. My name is **Mark Chamberlain**, and I have lived in Poulton with my family for more than ten years. If we haven't met, you may have seen me walking the dogs around the village!



I am an Independent Wine Merchant. I have almost twenty years' experience in the Wine Trade, including living and working in Saint-Emilion. I have run my own Wine Merchant's business for more than a decade.

I list wines from all over the World, and in a wide range of styles: crisp, dry whites; richer, fuller bodied whites; pale and refreshing Provençal rosés; light, supple reds; full-bodied fruity reds; luscious pudding wines; an array of sparkling wines including some excellent Grower Champagnes; a selection of ports and sherries; classic Clarets, Burgundies, Riojas and Barolos; lots of interesting wines from off the beaten track. In essence, anything that I like and I think represents good quality and good value for its type and origin. I don't list anything I wouldn't drink. And I always try to be amongst the most competitively priced for the wines I list.

I don't have a shop, but I do offer a range of traditional Wine Merchant services – expert advice, naturally; free local home delivery (or I can send wine anywhere in the country using a reliable courier service); glass loan for events; gift boxes. If I don't stock a wine or style you're looking for, I will do my best to find it for you. In short, all you could want from a Wine Merchant, on your doorstep!

As I live in the village, Poulton residents get 10% off the list price of any order.

If you want to see a list of the wines I have currently, join my local email list, or have any other questions, please do get in touch:

mark@chamberlainwines.co.uk 07894 528 580

All the best!



TASTING NOTES

BY MARK CHAMBERLAIN

Despite the days starting to get noticeably longer, as I write, the whole country is suffering from some very 'interesting' weather, as if Winter is warning that the optimism brought on by more daylight must be tempered by yet more Stoic fortitude in the face of adverse conditions.

I feel the same is true of the economic climate. On the one hand, restrictions instigated by the pandemic are being eased, fuelling hopes that the general economy will return to growth after the lockdown shocks. But on the other we are warned of a squeeze on incomes and increased costs. The price of fuel has already set new records this month. With inflation figures set to rise, interest rates may also rise, affecting all borrowing. It's hard to feel optimistic about living standards under the circumstances.

I'm afraid that, although I usually try to be upbeat, I don't have any better news from the Wine Trade. There are cost pressures associated with every stage of wine production at the moment. First, rises in fuel costs affect pretty much everything, but especially production of glass and aluminium. So bottles and closures have gone up in price quite considerably. This situation has been exacerbated by bottle-necks in the global supply chain, meaning that glass, for example, is difficult to get hold of, pushing prices up further. Secondly, all transport costs have increased, and only partly due to fuel cost increases. Shortages of drivers continues to be a problem across Europe. Even the cost of wooden pallets, the literal base of most freight, has gone up due to supply shortages. Thirdly, in response to rises in the cost of living, there are, naturally, increases in the costs of labour in the vineyard and winery. So wine producers are putting up prices.

Chancellor Rishi Sunak announced that there would be a review of Alcohol Duty, though, leading to the 'most radical simplification of alcohol duties for over 140 years'. This ought to be most welcome. Not only are the current Wine Duty rates amongst the highest in Europe, wine drinkers pay inordinately more than beer drinkers per unit of pure alcohol. The Chancellor's proposals, however, are far from simple. At the moment, pretty much all 'still table wine' is charged Duty at the same rate, Sparkling Wine and Fortified Wine a bit more. The proposed replacement is based on grades of alcohol strength, which might at first glance seem logical, but in practice is massively unwieldy, will create reams of unnecessary bureaucracy, and conveniently ignores the fact that, as a natural product, ripeness (hence sugar, hence alcohol content) fluctuates depending on vintage conditions, completely unlike brewing or distilling, which can be more easily engineered (for a ready reckoner, I've stolen the chart overleaf from my mate Gavin Quinney, at whose Château I did a harvest nearly 20 years ago). So it replaces the current, much complained-about system of 3 tiers with a scarcely workable system of 27. Not only that, the proposals mean about 70% of all wine drunk in the UK will be subject to higher levels of Duty. Bear in mind that, when the UK was still a member of the EU in 2020, Wine Duty receipts for the UK Treasury were over 60% of the European Total Duty receipts. That means UK wine drinkers pay way more in Duty than the whole of the rest of Europe put together.

Feeling any better about life? Thought not. At least there will still be wine.



We're Having a Clear Out In The Church!

**3-4 BOXES OF LARGE WINE
GLASSES AVAILABLE**

A Donation to the Church Would be Appreciated!

*If you are interested and would like to arrange collection,
please email: poultoncye@gmail.com*

TASTING NOTES

Current 2022 v proposed 2023 UK duty rates on wine

Duty per bottle 75cl	2022 current duty		2023 proposed duty
	Still wine	Sparkling	All wine
% vol / abv			
8.5	£2.23	£2.86	£1.65
9.0			£1.75
9.5			£1.84
10.0			£1.94
10.5			£2.04
11.0			£2.14
11.5			£2.23
12.0			£2.33
12.5			£2.43
13.0			£2.52
13.5			£2.62
14.0			£2.72
14.5			£2.81
15.0	£2.23	£2.86	£2.91
Sherry/port/fortified wine			
15.5		£2.98	£3.01
16.0			£3.11
16.5			£3.20
17.0			£3.30
17.5			£3.40
18.0			£3.49
18.5			£3.59
19.0			£3.69
19.5			£3.78
20.0			£3.88
20.5			£3.98
21.0			£4.08
21.5			£4.17
22.0		£2.98	£4.27

75cl Still wine, 5.6%-15% alc | 75cl Sparkling wine, 8.5%-15% alc.
 VAT not included
 NB VAT is charged on wine **AND** duty.

@GavinQuinney | gavinquinney.com

Sources: Excise Duty Tables & HMRC/Gov uk

Jean Nunn's Lemon Drizzle Traybake

🕒 15 minutes

🍴 16 servings



Ingredients

225 g butter (room temperature)

225 g caster sugar

275 g self-raising flour

1 tsp baking powder

4 large eggs

4 tbsp milk

Grated zest of 2 lemons

For the glaze:

Juice of 2 lemons

175 g sugar

Method

1. Preheat the oven to 180 C. Grease a traybake tin measuring 20cm x 23 cm deep and line the base with baking parchment.
2. Place the butter, sugar, flour, baking powder, eggs, milk and lemon zest in a large bowl. Beat with an electric mixer for 1-2 minutes, until smooth.
3. Turn the mixture into the lined tin and spread evenly.
4. Use the spatula to smooth and scrape up all the mixture around the sides of the bowl.
5. Bake in the pre-heated oven for 35-40 minutes to until risen and springy to the touch.
6. Run a knife around the edge of the traybake to loosen it from the tin, then transfer to a wire rack.
7. Make the glaze, mix the lemon juice with the sugar and spoon over the warm cake. Leave to cool then cut into 16 rectangular slices.

POULTON'S GREAT JUBILEE JAMBOREE

PROGRAMME OF EVENTS

Please let us know if you'd like to
take part. Any talent welcome.
Everyone welcome.
rosie.arkwright@btinternet.com

THURSDAY 2ND JUNE

TROOPING THE COLOUR & BIRTHDAY PARADE
BEACON LIGHTING

FRIDAY 3RD JUNE

THANKSGIVING SERVICE - ST PAULS

Date for the
Diary: :
Poulton's
Got Talent -
evening

Fri Evening:
Quiz
at the Cricket
Pavilion

ALL WEEKEND BEER
FESTIVAL
ON
ENGLANDS



POULTON'S GREAT JUBILEE JAMBOREE

PROGRAMME OF EVENTS

Please let us know if you'd like to
take part. Any talent welcome.
Everyone welcome.
rosie.arkwright@btinternet.com

THURSDAY 2ND JUNE

TROOPING THE COLOUR & BIRTHDAY PARADE
BEACON LIGHTING

FRIDAY 3RD JUNE

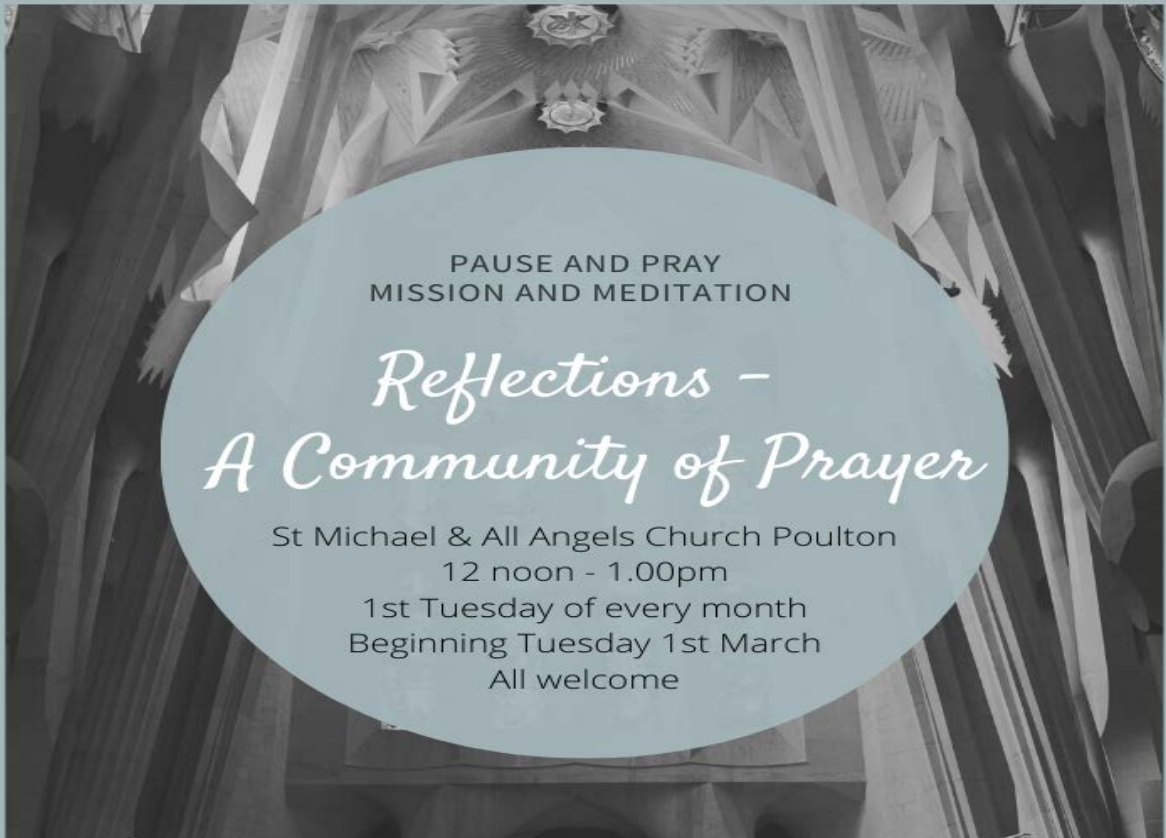
THANKSGIVING SERVICE - ST PAULS

Date for the
Diary: :
Poulton's
Got Talent -
evening

Fri Evening:
Quiz
at the Cricket
Pavilion

ALL WEEKEND BEER
FESTIVAL
ON
ENGLANDS





PAUSE AND PRAY
MISSION AND MEDITATION

Reflections - A Community of Prayer

St Michael & All Angels Church Poulton
12 noon - 1.00pm
1st Tuesday of every month
Beginning Tuesday 1st March
All welcome

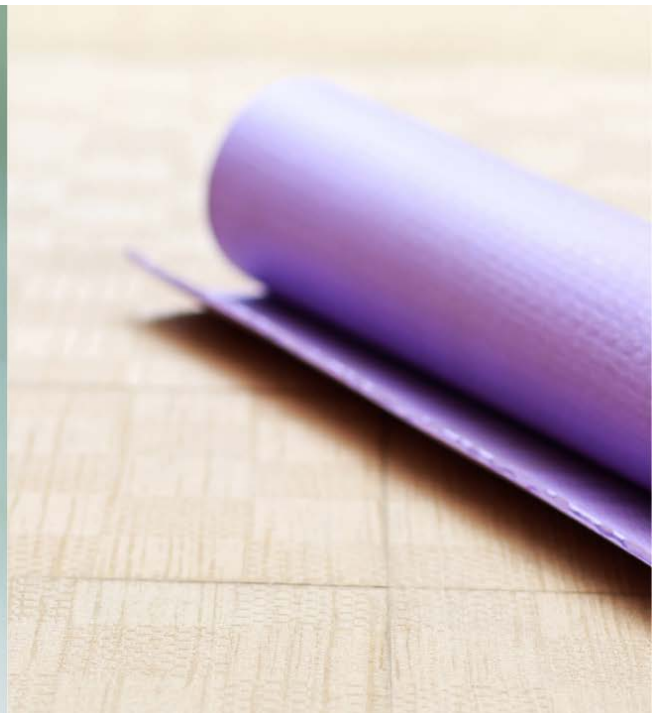
More information from Canon Tony Ross
e-mail: tonyrosstssf468@gmail.com

Yoga For All

Mondays 9am - 10.15am

Poulton Village Hall

With Becky Barry
Heart and Soul Yoga and Therapy





WHAT'S ON AND WHAT'S BEEN GOING ON AT THE VILLAGE HALL

BY HILARY ANTINGHAM

Thank you to all who came to BBB – Village Coffee Morning in February. It was lovely to see and hear so many people chatting and generally catching up with each other. Book donations and sales were buoyant and well. We look forward to welcoming everyone to BBB in March, which will be on Saturday 5th.

Our other regular events will be happening in March, see below for the dates for the Post Office and Pantry plus Film Nights. If you've ever wondered how the village cinema evenings came into effect, then look at the article over the page – where long-standing villager and former shop proprietor, Stuart Russell, tells the story, followed by Claire Turner who ran the event for several years, before it passed to the current Village Hall team.



Looking slightly further ahead in 2022 - as you'll see from other articles in this edition of Poulton Eye, village organisations have recently come together to plan events in celebration of Her Majesty's Platinum Jubilee in June. The Village Hall is looking forward to supporting this and will be hosting an extended **BBB with BBQ** on the Saturday of the Bank Holiday weekend which we hope many of you will come and enjoy. More information will be provided, nearer the time, but for now, please keep **Saturday 5th June** in mind and we'll hope for a sun-filled weekend.

DATES FOR YOUR DIARY in MARCH

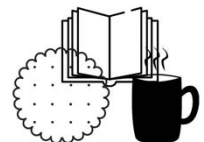


Each Tuesday afternoon – 1.30 to 3.30 pm – Post Office & Pantry

Outreach Post Office is run by Matthew each week.

Take advantage of this local service for your postal and banking needs and stop for a while to enjoy a pot of tea/coffee and a homemade slice of cake.

Saturday 5th March – BBB - Village Coffee Morning – 10.30am to 12.30pm – All welcome to drop in for a drink and a homemade biscuit or Eccles Cake and browse the library for some new reading material or donate any (good condition) books you have finished with. Homemade cards also on sale.



Film Nights will be Tuesday 1st March and Tuesday 15th March – subscribe to the mailing list at poutonone&nines@gmail.com to be notified of the film details. Films begin at 8pm, the hall opens at 7.30 for pre-film drinks, a great way to meet people or catch up on news... people or catch up on news...

Perry Bishop

Thinking about a move in and around Poulton but struggling to find somewhere to move to?

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- > Learn about properties being marketed on a 'low-key' basis that won't be advertised online
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or pop into your nearest branch:

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Gloucestershire, GL7 2BL

**We look forward to helping you
with your next move!**



POULTON ONE & NINES – The Village Cinema Club

In February 2002, the Cotswold District Council announced it was proposing to set up a film society for every community in the district. They held a meeting for representatives of all interested communities and I went along with Rob Rootes, the then village shopkeeper.

The CDC spokesman explained the proposal. The Council would provide the equipment which consisted of a screen, a projector, DVD and VHS players and two speakers. There would be a choice of two films that they would hire each month at commercial cost and they would also set up a rota. This involved a person from each community undertaking to transport the equipment from the previous users, using it themselves and passing it on to the subsequent user. A monthly fee would be paid to CDC for the rent of the films and for the wear and tear and servicing of the equipment.

The meeting finished with everyone feeling very positive about the new venture. Collecting the equipment from the last venture was something of a chore but at first nobody minded. I willingly drove up to Stow or wherever, collected the equipment, and set it up in the village hall. Then after the show I dismantled it and hung around the following day waiting for the next venue to collect it.

The village waited in anticipation.

To start with it was all wonderful. “Welcome to the Poulton cinema” I announced the first night and seventy odd people gave a huge cheer. Wine and soft drinks flowed, Sally Boyd made lots of popcorn and we eventually settled down and watched *Chocolat*. The whole evening was a great success. The entrance fee was £3 a head (more if you brought your body! sorry!.) and CDC’s fee was £50 to £60 per month most of which was for a single showing of one of the two films both of which were hired by CDC at usual cinema rates. The first night we took well over £200 and the **“One & Nines”** were on course to be both a social and financial success. No, it wasn’t like a proper cinema. The screen was a roll up, about six feet square on a stand, the projector and DVD player were set up at the front of the hall with cables all over the place, and the sound quality was variable to say the least. And initially we had VHS not DVD so the picture quality was also variable and often quite grainy. But to start nobody cared very much. This was Poulton, after all, where everything was a bit outdated. The films were always well attended and well received.

This way of operating continued for most of the early years. Having started off with such a high attendance, we were disappointed when it dropped to between forty and fifty, but it was still comfortably paying its way and the films, on the whole, were popular.

But it began to fray around the edges. The equipment wasn’t adequately maintained and for several showings one of the speakers didn’t work. Then the screen had a tear in it. In addition, CDC reduced the offer to only one film a month so at times we had to show a film that had little appeal. Gradually attendances dropped to the point that that the One & Nines was barely paying its way. The nadir was reached one bitterly cold January night in 2006 when eight of us sat and watched a pretty awful film. We couldn’t go on like this and it seemed likely that the cinema project would sadly have to be abandoned.

But salvation was at hand when funds were donated to the village hall which enabled central heating to be installed, the outside area to be tarmacked, and most importantly to purchase our own audio-visual equipment.

This served to be a game-changer for the cinema project. When the new equipment had been installed I was invited to watch it in action. I stood in the hall as a giant screen descended and filled the proscenium arch. Then pictures appeared from a projector mounted on the ceiling. I stood with my mouth open like a little boy in a fairy grotto as clear surround sound filled the room. The **“One & Nines”** burst into the twenty-first century as a proper cinema.

And we had almost severed the umbilical cord keeping us attached the Council. I say almost, as while we no longer used their equipment we still had to be part of the CDC chain as we needed their film. So, I still had to collect the equipment and the film and pass it on to the next user and we still had to pay commercial rates for the film. This was obviously unsatisfactory but fortunately a villager knew of a film club operating in a Cambridgeshire village and after some discussion, we found a solution. We could make our own film choices and decide on frequency, as long as we followed certain rules. We needed a licence and had to set up memberships so that any advertising of the film was confined to members only. Within weeks the new club arrangement was up and running with 110 members.

Beet the deadline and make the most of this year's tax allowances

Don't let anything go to waste. Use by 5th April



JANE DAVIDSON DipPFS

Principal

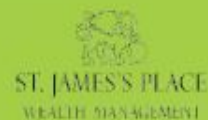
DAVIDSON FINANCIAL PLANNING

Associate Partner/Practice of St. James's Place Wealth Management

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SJP117

POULTON ONE & NINES

We now had the freedom to do a lot more than previously. To begin with we increased the showings to two a month - which continues today. (There was also talk of having a week of different genres - a week of westerns, of musicals, of comedies and so on. This never materialised but it still could!)

After my wife Lizzie died, I carried on running the club for two years. The first film I showed on my own was *Invictus*, the film about Nelson Mandela that Lizzie and I had seen in Cheltenham the previous spring. We thought it would be a great film to start Poulton's next season. It was, but she wasn't there to see it - the only sad memory I have of the One & Nines. It's important to have someone to help on film nights and Ian and Claire Turner helped me enormously

In the summer of 2012, I almost died from sepsis. As I lay on what was looking like my death bed, I got a message from the Village Hall Committee which said something like "Before he snuffs it, can you get him to hand over the running of the One & Nines." It was that that made me determined to survive!

In all seriousness, I felt it was time to hand over and Claire and Ian were very happy to pick up the baton. I'd been running the film show in Poulton for exactly ten years, almost as long as we ran the shop. I'm so pleased to find the One & Nines is still thriving, still in good hands.

Stuart Russell

Of course, we said yes to taking over the One & Nines, we both love films, were regular attendees, had helped Stuart out over the last couple of years and we didn't want him worrying so he could focus on getting well again.

So, we set up a new email account, designed posters to go up in the village and flyers to be posted through letterboxes, set up a wonderful spreadsheet and most importantly engaged our friend Kerry to make some of her delicious cakes as part of our refreshments "offering".

Our first film was *War Horse* and those were our Tuesday nights for the next 4 years! We battled with the booming speakers, lots of fiddling around with the equipment mid film, turning on the heating super early so the hall would only be "quite cold", the closure of Blockbuster Video (remember them!), had many a debate about subtitles, drank lots of wine, ate lots of cake but the best of all was getting to meet a number of villagers who we otherwise might not have got to know.

It was also great to hear the different takes/interpretations/responses to the films shown. It's so easy to think that everyone will like the same films but that obviously is not the case; some went down well, some didn't, we had some walk outs and we had some riotous laughter. All valid responses!

Our favourite film to show: *Behind the Candelabra* - we were undecided if this might be pushing a rural film club's boundaries - but it got one of our best turnouts!

Unfortunately work just got in the way, it was just too hard to always make it back in time for the film. We did have help we could call on but felt that we needed to highlight the situation to the Village Hall trustees. That's when Hilary Antingham & Anne Randall took over. We are so pleased it is going strong - it is a fabulous facility for Poulton.

Claire & Ian Turner

And so we come up to date, Poulton One & Nines continues in much the same manner as when Stuart began and Claire & Ian continued. We now rent DVDs via Cinema Paradiso, which enables us to have access to a wide range of films and we are always open to hearing recommendations of a "good film". Recent times have been tricky, navigating the constraints of the pandemic and most importantly minimising risk. When we could be open, we have been and are most appreciative of the support during those times, especially when we had windows and doors open to keep the hall ventilated!! Attendances are becoming higher now that circumstances have improved and, also, we like to think, because of the film choices! Recent films being the latest James Bond – *No Time To Die* and the Oscar winner, *Nomadland*.

It's easy today to see a film, there are so many options available to us, via TV, Netflix, Prime, Apple etc etc – but for me there is something quite special about watching a film with others. Hearing and seeing how other people respond to the drama, humour or action of a film is really quite infectious and it's always fun to hear what people thought afterwards, even if not favourable!!

We aim for film nights to be a social evening for the village and one we hope many of you enjoy. Whilst we like to have members, guests and visitors are always welcome to come along, it's a good way to meet people and also try us out before making a commitment to be a member. That said, membership is £14 a year and then £1 for each film you come to watch. Guests are £3 for each film. Not overly expensive really.

So, if any of this article has whetted your interest, then email poultonone&nines@gmail.com to become part of the mailing list. That way you'll be notified of upcoming films. You never know, we may yet return to the dizzy attendance numbers of 2012, when Stuart first began.

Thank you to Stuart and Claire for their memories.



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AGAINST
breast cancer

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againstbreastcancer.org.uk

THE POULTON EYE



PARISH COUNCIL UPDATE

By SIMON COLLYER BRISTOW

The Parish Council (PC) invite all Poulton residents to attend a Village Meeting on Monday 23rd May @ The Village Hall commencing @ 7pm. The Hall will be open from 6.30pm and refreshments will be available to purchase. The meeting will discuss important current subjects such as Cemetery space and Speeding/Traffic. We need to hear your (reasoned) thoughts.

We still have an elected Parish Council vacancy. Anyone interested in volunteering to help our village and community please feel free to have a chat with any Councillors or the Clerk.

We would like to extend our apologies to those residents who have been disrupted by recent road closures in the village. Neither The PC nor affected residents had been officially informed of the closures in advance, as should have been the case. We are following this up with Gloucestershire to ensure that this does not reoccur.

Please, please, drive slowly through Poulton. The police and the PC are now very much on the case and we really don't want any Poulton residents being fined and collecting points. In turn villagers driving below 30mph slows down others and sets a good example. I have said it before and I will say it again, leave home a minute earlier.....

The next PC meeting is on Monday 14th March @ the earlier start-time of 7pm, in the village hall.

PS Worry not if you see your Councillors sitting together @ The Falcon. The PC has 5 official meetings during the year SO for us to keep in touch and discuss monthly Poulton Eye articles (such as the Precept article overleaf), we meet over a drink in a warm place. Private business and/or important decisions are not discussed at informal gatherings.

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Cotswold Friends
 Community Transport Service supports people who do not have access to transport. Journeys are for medical, social and practical need.

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We're Having a Clear Out In The Church!

3-4 BOXES OF LARGE WINE GLASSES AVAILABLE

A Donation to the Church Would be Appreciated!

If you are interested and would like to arrange collection, please email: poultoneye@gmail.com

HOW YOUR MONEY FUNDS THE PARISH COUNCIL by Chris Davies

February is a good time of year; it is the gateway to Spring. The days are getting longer, the snowdrops are out, and the daffodils are emerging giving hope of yet another Welsh Grand Slam in the Six Nations Rugby. And then something comes along to spoil it all – the council tax bill!

How many of us actually look closely at the bill or understand exactly where our money goes? Most of us probably know that how much council tax we pay is related to the value of our home, but that's about it. Time to explain what happens to the money raised, and how that is related to your Parish Council.

All funds raised via the Council Tax go towards meeting the cost of:

- Cotswold District Council
- Gloucestershire County Council
- Gloucestershire Police Authority
- Adult Social Care
- Poulton Parish Council (this element is known as the precept).

The **Gloucestershire Police** element is self-explanatory and accounts for **14.6%** of the bill. The **Adult Social Care** component (**8.4%**) also has an obvious function.

Gloucestershire County Council takes **67.7%** of the money. A large proportion of their funding is spent on Education and Highways. Other services provided under their governance are social services, public transport, trading standards and waste disposal.

Cotswold District Council takes **7.5%**. Services provided through the District Council include planning, council housing, leisure facilities, recycling, and refuse collection.

The smallest portion (**1.8%**) is the **parish precept**. The Parish Council decides how much the village's expenditure is likely to be, and therefore sets the amount to be raised from villagers via the Council Tax.

The precept last year was £8,000. Over the last 10 years it has averaged between £6,000 and £7,000. Unfortunately, the precept will increase next year as the District Council stops funding – and expects parishes to fund their own - parish council elections (a cost that is estimated to be around £2,000).

So where does your money go?

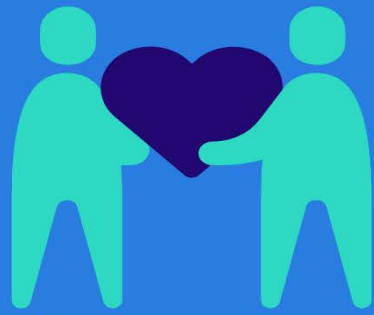
At this point it must be emphasised that Parish Councillors do not get paid. The Clerk to the Council is paid a small salary. The Clerk is responsible for dealing with all correspondence, maintaining the financial accounts, taking minutes at Council Meetings, and keeping records. We are lucky to have Heather performing this role for us.

About a third of the precept is spent on grass cutting (including on the Butts and the Playground but not on Englands, which is superbly maintained by Wayne Tinson and the cricket club).

Other expenditure includes insurance to cover property belonging to the village (including the bus shelter, war memorial, and playground equipment), the village website (where all minutes of Parish Council meetings can be accessed), rental of the village hall for Council meetings, paying for an audit and the annual ROSPA inspection of the playground. There are also exceptional costs, such as maintenance of the playground and tree pruning on the Butts, and occasional expenses such as the purchase of the vehicle activated speed signs.

The Parish Council makes no contribution to the running of the Village Hall which is under the auspices of its own team of Trustees.

From time-to-time specific and exceptional expenditure must be covered (e.g., the tower on the playground which has been deemed to be unsafe - replacement would be a major cost) but rest assured that the Parish Council will be prudent with your funds and as a low-cost maintenance organisation we represent good value for money.



Help Wanted

Let's make a difference!

Tree Planting on
The Meadow
10am - 1pm Sunday
13th and 20th March
email
RDMDavies@btinternet.com

Parish Councillor
Vacancy - see Simon
Collyer Bristow

Volunteer Bar
Servers for
Jubilee Beer
Festival - email
PoultonCricketClub.co.uk

Eco Warrior Required

To champion minimising
environmental impact of
Jubilee Jamboree - email
Poultoneye@gmail.com;

Cotswold Friends seek
volunteer Drivers
www.cotswoldfriends.org

Volunteers for
primary school
Open the Book
drama sessions
Talk to John
Swanton



WHY EXERCISE ON ITS OWN IS NOT ENOUGH

By ADAM POWELL

You may find it strange that a Personal Trainer who spends his life exercising and working out with clients is saying that exercise is enough. To be honest I wouldn't use that line in my normal marketing, but it has an element of truth to it. In recent years myself and others in my team have come to recognise that clients who purely focus on exercise and working out do not get the results of others who take a more structured approach to their training and lives.

There are 168 hours in every week. I have seen so many times how someone hires the services of a PT for 2 of those hours and expects to be transformed into the latest Marvel action hero or celebrity in just a few short months. What you do in the remaining 166 hours will make or break the 2 hours of training you have put in. You need to step back and see the bigger picture. What is the answer? Making use of the **four pillars of health**. Imagine a table without one leg. It can remain upright but pressure in the wrong place and it will topple over. Two legs gone and the pressure on the remaining two is huge to keep things upright and simply unsustainable. Three gone and it's all over! Your body is the same.

What are the four pillars of health?

1. Sleep
2. Nutrition
3. Mental wellbeing
4. Physical wellbeing

Sleep

Sleep is by far the most important pillar on the list. **If you do not get good quality sleep every night, then every other part of your life will be affected.** Studies show that being awake for 17 hours has a similar effect on us as having alcohol in our system. After being awake for 24 hours, your reactions are the same as someone who would be over the alcohol limit if driving. It is also important to get quality sleep; 6½ hours of good sleep is far better than 8 hours of average/poor sleep.

Diet

"You cannot out train a poor diet". "A six pack is made in the kitchen, not the gym"

Two often quoted sentences that are very true. Don't make the mistake of going on a miserable low-calorie diet. The **quality of your food is as important as the quantity of food** that you consume every day. Thankfully we are finally recognising that low fat, high carbohydrate/sugar diets are terrible, and fat is no longer the enemy. Now public enemy number one is vegetable oils, closely followed by sugar and processed foods. Let's not forget water. A recent study shows that people who do not drink 2 litres or more water every day can expect to reduce their life expectancy by two years. Another study found that following a Western diet can reduce your life expectancy by 11 years!

Mental Wellbeing

You need to look after your mental wellbeing just as much as your physical wellbeing. Both are equally important. There are countless studies showing the benefits of exercise on our mental health. The flip side is those of us who have structure to our lives and plan exercise into each day (see last month's article) are often in a better place mentally.

Physical wellbeing.

For me exercise is the glue that can literally hold all four pillars together. Our bodies are designed to move often throughout the day.

In the coming issues I will cover each of these in more detail.



Each issue of Poulton Eye I will be discussing fitness and health topics and sharing my knowledge gained from a long time working in the fitness industry. If you have any questions or subjects you would like me to cover, please feel free to speak with me when I'm out walking/running with Digby (our black lab) or email me adam@cotswoldpt.com

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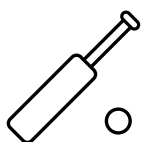
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CRICKET CLUB – PLANNING FOR A (BEERY) BUSY JUBILEE WEEKEND AT ENGLANDS

By WILL BATHURST

Nets and coaching for the club are well underway at Cirencester and with two of the ladies' players touring with Gloucestershire in Sri Lanka, sending plenty of pictures to make us jealous, it feels the cricket season is not far away at all! Hopefully everything in the village is going to get through Storm Eunice.



Top of the agenda as we plan for 2022 is what we are offering the village over the Jubilee weekend. **We hope to see you all up at Englands for portions of it and the club will do its best to lay on a good long weekend of sport representing the entire club to which the entire village is welcome.** From lunch on Thursday 2nd June through to Sunday afternoon, **the club will be running a beer festival** alongside a variety of cricket matches to come and watch. Hopefully the weather will be kind to us, but we are hoping to have as much covered by marquees as possible.

The Cricket Club Beer Festival

The beer festival itself is of course an excellent opportunity for you to try some beers. We are hoping to have several local ones including some very local to Poulton! Equally, following success in prior years and cognisant of the fact that not everyone likes beer, we will also have **cider** and **gin** available. The format is that **local people & businesses can buy barrels of cider/beer for £150 each or £75 towards sponsorship of the gin bar.** Funds raised from the subsequent sale of alcohol will go towards upkeep of the pavilion and playing field and towards the changes we need to make to cater for the growth of the women's game as finances recover from COVID. The beer festival will be staffed by members of the club with the teams also sponsoring beers. **If you would like to help, you would also be very welcome.** In return as a sponsor, your name and/or your business's logo will be attached to the front of the bar for the duration of the festival, on your barrel and in the programme. We'll also carry logos for sponsors of the festival on our website and social media accounts. If you would like to sponsor, please email PoultonSecretary@gmail.com

The **cricket will start on the afternoon of Thursday 2nd June**, we will have a **Gloucestershire over 70s** playing a game against Wiltshire over 70s with a couple of our clubmen taking the field for our home county, pouring 60 years of cricketing nous into their game. We are planning on laying on a **bit of a BBQ alongside the game if we can.** On the Friday, our **Ladies team** will have a game against local team, Langford on the Friday afternoon from about 3pm. In the evening, after the game we'll lay on a **quiz night in the marquee.** On the Saturday, it will be the turn of our **2nd XI, playing Oakridge CC** in their league. After the game, we'll have a **disco at the club and if any local bands wanted to do a set, this would be fantastic.** Finally on the Sunday, in the morning, we will have a programme of **Youth cricket** up at the club in the morning followed by the **national "Big Picnic" up at Englands.**

We hope that we'll see you up at the club for whichever portion of the long weekend you can make as we play our role in the village's marking the Queen's jubilee!



TIME TO GET WALKING AGAIN

At this time of year we start to think about the mud drying up and getting out to walk in the beautiful English Countryside again, but where to find new and interesting walks?

Walking in Gloucestershire <https://www.walkinginengland.co.uk/glos> has hundreds of walks to download and print, free, it also has books of walks, details of all the walking groups in the county and much more. Whether you want to walk on your own or with a group all the information is there in one place.

John Harris (the custodian of the website) says; 'There is so much walking information on the web but it is difficult to find. Walking in Gloucestershire (part of the Walking in England website) has brought it together in one place so whether you are walking from home, or away on holiday, you will be able to find a walk suitable for you'. With walks from half a mile to twelve miles plus long, and a note of suitability for pushchairs and wheelchairs, everyone can find a walk to enjoy.

LOCAL EVENTS FOR MARCH

Ampney Crucis Village Spring Clean – Saturday/Sunday 5th/6th March 10am – 4pm. Meet at the Lych Gate by the burial ground – come rain or shine!

Ampney Crucis Village Hall AGM - Wednesday 9th March at 7.30pm in the Village Hall. Please advise nominations for 3 elected seats on the Committee to Anne Bridges 01285 652471

Mothers Union. *Call Rosemary Franklin 654282 for information*

Wednesday 2 nd March	2.30pm	Mothers Union; Rev Paul Springate talk about Lent	Parish Hall, Watermoor, Ampney Crucis
Friday 25 th March	10.30am	Lady Day Service (ticket required); Commissioning of Diocesan President & Trustee Board	Gloucester Cathedral
Saturday 26 th March	9am – 12pm	Mothering Sunday posy making	Parish Hall, Watermoor Ampney Crucis

Ampney Crucis Gardening Club *Ursula Evans 239629; udevans@gmail.com or Joanna Evans 762911; jmeinx@gmail.com*

Thursday 17 th March	7pm	AGM	Ampney Crucis Village Hall
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Ampney Crucis Women's Institute *Call Anne – 652471*

Thursday 24 th March	7pm for 7.30pm	Members Meeting & Lady She's Wardrobe with Sheila Lloyd Graham; Competition – an old piece of jewellery	Ampney Crucis Village Hall
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Ampney Crucis Rural Cinema *Call Anne – 652471*

Wednesday 23 rd March	7.30pm	Little Womern (2019) Directed by Greta Gerwig	Ampney Crucis
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JIG Dance & Pilates *Call Jenny on 07713 044702 or email: purplejen11@hotmail.co.uk*

Tuesday evenings	6.30pm 7.30pm	Pilates Adult Ballet	Ampney Crucis Village Hall
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Cotswold School of Dance *Call Bonnie on 07763596924 for more information*

Wednesday evenings	7.30pm	Latin & American for Adults	Ampney Crucis Village Hall
Saturday mornings	9.00am – 12pm	Adult Ballet, Ballet for babies & children; Ballet, Tap & Modern Dance, Ballroom & Latin	Hall



Natasha Hughes
Mortgage and Protection Advisor
07596 568336
natasha@kingsbridgemortgages.co.uk

MARCH CALENDAR

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

01 **02** **03** **04** **05**

12pm Reflections
Poulton Church
1.30 - 3.30 Post Office &
Pantry, Village Hall
7.30pm for 8pm Poulton
One & Nines, Village Hall

12pm Holy
Communion
Harnhill

10.30 – 12.30
**Books, Biccies
and Beverages**
Village Hall

06 **07** **08** **09** **10** **11** **12**

8am Holy Communion Ampney
Crucis

10am Parish Communion Down
Ampney

12pm Baptism, Poulton

1.30 – 3.30
**Post Office &
Pantry**
Village Hall

13 **14** **15** **16** **17** **18** **19**

8am Holy Communion
Poulton

10am Parish Communion
Harnhill

10am – 1pm Tree
Planting,
The Meadow

7pm
Poulton
Parish Council
Meeting,

Village Hall

1.30 – 3.30
**Post Office &
Pantry**
Village Hall
7.30pm for 8pm
**Poulton One &
Nines**
Village Hall

20 **21** **22** **23** **24** **25** **26**

10am **Parish
Communion**
Ampney Crucis

1.30 – 3.30
**Post Office &
Pantry**
Village Hall

27 **28** **29** **30** **31**

Mothering Sunday
10am **Parish
Communion** Ampney
St Peter

10am – 4pm
Lenten Quiet
Day, Harnhill
Centre

**Date for your diary – Monday 23rd May –
Village Meeting in the Village Hall.
Hall open from 6.30pm, meeting starts at 7pm**

DIRECTORY

Poulton Eye Newsletter	Poultoneye@gmail.com Editors: Rosie Arkwright , rosie.arkwright@icloud.com ; Lizzy Roughton pryorlizzy@gmail.com
Poulton Village Website	www.poultonvillage.co.uk
Poulton Facebook Page	https://www.facebook.com/groups/959278000806216/?multi_permalinks=4503302606403720
Poulton WhatsApp Group	Please contact Rachel Hutchinson to be added to group; 07557 006623
St Michaels and All Angels Church, Poulton	Vicar: The Rev'd Canon John Swanton 01285 – 851309; john@swanton.plus.net Church Wardens: Simon Collyer-Bristow scb@crfc.co.uk rosie.arkwright@icloud.com
Village Hall	Available to hire for parties, wedding breakfasts, clubs or meetings email: kjclapton@gmail.com
Playing Field & Allotment Charity (PFAC)	pfacrustees@gmail.com
Post Office	In the Village Hall. Tuesday 1.30 – 3.30
Parish Council	Chairman: Simon Collyer-Bristow scb@crfc.co.uk Clerk: Heather Harris poultonclerk@gmail.com
District Councillor	Lisa Spivey: lisaspivey4@gmail.com
Poulton Action Group (solar farm)	poultonactiongroup@gmail.com .
Fix My Street	Report issues within Poulton: potholes, fly tipping, etc. www.fixmystreet.com
Refuse Collections	Food bin weekly Friday 7am. All other bins & bags on alternate Fridays.
Gloucestershire Police	The Forum, Cirencester GL7 2QY Mon-Sat 8am-8pm www.gloucestershire.police.uk
Poulton Sports Club	David Knight: knightd@hotmail.co.uk
Poulton Football Club	www.poultonfootballclub.co.uk
Poulton Cricket Club	Club Secretary: Will Bathurst w.m.bathurst@gmail.com www.poultoncricketclub.co.uk/
Heart & Soul Yoga Class	Becky Barry - email: sparkle1000@hotmail.com
Ampney Crucis WI	Anne Bridges 652471
Poulton One and Nines	Films in the village hall every 1 st and 3 rd Tuesday of the month. Contact poultononeandnines@gmail.com
Books Bikkies & Beverages	Village get-together 1 st Saturday of each month, 10.30 – 12.30 Poulton Village Hall Judith – 01285 851230
Ampney Crucis Mothers Union	Rosemary Franklin 01285 654282
Ampney Crucis Playgroup	Meet Tuesdays during term-time 9.30 – 11.00 Ampney Crucis Village Hall. £2 per family. Ella Milligan – daniellaceliarmorris@yahoo.co.uk – 07815502463 or Sofia Richie – sofia.kluge@hotmail.com – 07540198151
The Falcon Inn	www.falconinnpoulton.co.uk email: bookings@falconinnpoulton.co.uk 01285 850878
Ampney Crucis C of E Primary School	Head Teacher Tana Wood – 01285 851440 www.ampneycrucis.glous.sch.uk